# **April 2018**



#### of Rocky River Presbyterian Church

# RRPC youth participating in Easter sunrise service

Can you think of a better way to celebrate the resurrection of Christ than attending an Easter morning sunrise service? The high school youth of our church, working with youth from Rockport United Methodist Church, have created a unique worship experience at Rockport's outdoor chapel. (The service will be in-



doors in the event of inclement weather.) The service starts at **7:00 a.m.** and will last about 40 minutes. Come worship to share the joy of Easter while supporting our young people!

—Worship & Christian Education Committees

#### Youth Sunday April 22<sup>nd</sup> at 10:30 a.m.

# "...But United Through God" is this year's Youth Sunday theme

It seems that we find more ways to divide ourselves today than we ever did before. We focus on our differences instead of the things we have in common. How are we supposed to find the common ground and be a community based on the love of Christ?

Never fear, Youth Sunday is coming! You may see a thing or two that you don't normally see in worship. You may be drawn into the action or hear music that is a bit different.

Our kids are hard at work planning a wonderful, family-friendly worship experience for all of us. Our group began planning this service during their retreat in early November and they have much to share with you. Our youth have a unique blend of gifts and talents and they can't wait to lead you in worship. Their enthusiasm and energy are a blessing to this church, and they deserve the support of their congregation.



Your participation in worship on the 22<sup>nd</sup> will affirm them and inspire you as they share some ideas on the changes we can make in our world and in ourselves.

—Christian Education& Worship Committees

#### Sunday, April 15, 2018 3 p.m.

# Erie Waters Flutes

When a group of professional and amateur musicians performed

new flute music by Cleveland composers at the Chicago Flute Festival in 2009, Erie Waters Flutes was born! Their unique



sound timbre comes from bringing together bass, alto, Native American and C flutes and piccolo plus various percussion instruments.

As you'll hear, the Erie Waters Flutes enjoy programming a variety of musical genres and styles for performance. This is a presentation of our Artist Concert Series offered with no admission fee; a freewill offering will be received.

—Nancy McGillicuddy, Artistic Director

# Sun., Apr. 29<sup>th</sup> following worship Coffee hour to feature our weekday preschool's spring art show

Our weekday preschool mounts an "art show" every spring, and this year you have a special invitation to behold it! After worship on Sun., Apr. 29<sup>th</sup>, head to our north wing where Coffee Hour will be set up. Grab a cup, sip and chat with friends as you admire the imaginative, amusing and cute artwork of 3, 4, and 5-year-olds.

—Diana Wolfe, Preschool Director

#### Reasons to jump to Page 8!

- ...Our **Vitality & Renewal Team** offers a <u>follow-up</u> to the "Tell Me A Story" experience in worship on March 18<sup>th</sup>.
- ...Our pastor invites you to join him on a trip to the Holy Land next February!

#### From Your Pastor

#### Suicide

Seeing that word in print is shocking. Hearing it spoken, even more so.

Recently, I learned a little about why it's important for people to say the word. In a nutshell, it's because suicide directly or indirectly touches about one of every two people in America today. That's right: 1 in 2. You may know someone who succeeded or attempted to take their own life. You may be worried right now about someone in your circle—even in your family—for whom suicide is one of several possible options they can envision ahead of them.

Or maybe you are that person. Whew.

"That's heavy stuff, Jon. Why do you have to, well, you know, write about it right out here in the open?"

Here's why: because people who are wrestling with thoughts of suicidal desperation usually do so quietly, without knowing if there's anyone in their lives who is "safe" enough to be able to talk with.

You may have spent your St. Patrick's Day at your favorite pub or lining the parade route or heading for a party at a friend's house. I spent St. Patrick's Day at an all-day seminar at Church of the Covenant in University Circle. The presbytery had brought in a presenter from Soul Shop, an organization based near Pittsburgh, Pennsylvania that's dedicated to reducing incidences of suicide. The workshop was aimed at aiding clergy in ministering to people impacted by suicidal desperation.

"Why did you come?" the leader asked me before the event began. "I'm not sure," I responded. "I've conducted funerals for persons who took their own lives, of course. My friend and mentor in ministry killed himself two years after I left the church we served together. I'm told that there are people in my family who have entertained suicidal thoughts. I just thought that there was something I could learn." I paused. "I get so angry that someone could be in such a low place that they feel that ending their life is the *best* option they can see at that moment."

"Thank you," the leader said. "Thank you for being here."

The rest of the day was spent learning why people find themselves in the desperate

situation where considering ending their life seems to be a reasonable (but permanent) solution to a substantial (but temporary) problem.

The two main causes of suicide are these:

- 1. a loss of hope, and
- social isolation (loss of social connection)

We may wonder if there's anything we can really do to help someone who's thinking about suicide. Quite simply, we can be a sign, an influence that moves them from ambivalence to life. People contemplating suicide don't want to die; they just don't know how to live with what's in their life right now

We learned that people wrestling with feelings of desperation struggle to know if there's anyone who they can talk to. They know that discussions about suicide are basically taboo in our society, yet the thoughts are real for them, and they struggle to figure out how to deal with them. They decide if it's safe to talk by overhearing our conversations. The moment you say "Yes, you can talk to me," you solve the most difficult problem that people have who need to talk about suicide: finding someone to talk to. We don't have to be armed with "the right words" in order to indicate that we're willing to be a trustworthy ear. As priest and theologian Henri Nouwen observed, "The glance of an eye, the touch of a hand can outweigh years of friendship when a person is in agony."

At this seminar we were not trained to gauge the likelihood of a person carrying through with an attempt on their own life. That would involve different, more complicated training.

Instead, we were given skills to be able to be perceptive and receptive to people who were contending with suicidal desperation. We were taught—and we practiced on each other!—asking questions that open the door for someone who would like to talk about the uncomfortable, unsettling, scary thoughts that are occupying their mind. And we were taught to let them talk. Finally, we were instructed how to connect a troubled person with helping professionals—suicide hotlines, hospitals, public safety officers.

W hy is suicide hard to talk about, especially in the church?

1. Churches, by the nature of our foundational gospel, focus on hope and joy. We wonder if it's "appropriate" to talk about the dark, unsettling parts of life. But if you read the Bible (especially

- the Psalms) you see many instances of people wrestling with despair and crying out to God in agony.
- 2. Some traditions consider suicide a "selfish act," a "sinful act" or even "unforgivable," and want nothing to do with the stigma that usually is placed on victims of suicide.
- 3. Some fear that talking about suicide makes it happen. The reality is that the opposite is the case (although when a student commits suicide, the risk for the whole school rises for a number of months).
- 4. When we think of suicide in the Bible, the first thing we think of is... Judas, the most despised person in the Bible. But there are several other examples of suicidal desperation described in scripture, and often that person is led to a place of safety by a friend or neighbor. Their intervention helps the person overcome social isolation and offers a glimmer of hope.

All of us who participated in the workshop were equipped to teach this same workshop to others at our own churches. I would be interested in how many people at RRPC would be interested in investing 4-5 hours to save a life. We might think of this sort of training as a mental health equivalent of CPR—it's training we hope we never have to use, but we're so thankful we were prepared just in case. As the instructor commented quite frankly, "If people of hope—the church—can't do something about addressing a lack of hope and overcoming social isolation, then maybe the church should just close its doors."

Thinking back to the assertion that one out of every two people has been or will be impacted by suicidal desperation.... That means that the people of our church are just as vulnerable as anyone else to the danger of "suicidal ideation" (thinking about suicide). On the other hand, that also means that we have tremendous capacity to be persons of safety—willing to listen to someone's difficult, upsetting thoughts because we realize that providing a compassionate ear to help someone find a place of safety far outweighs our anxiety or discomfort in hearing someone talk about killing themselves.

See you in church... or *anywhere* you want to talk.



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#### The Pulse

#### April Birthdays

April 2	Patti Smith
•	Marlee McGorray
April 3	Jill Orosz
April 4	Liesl Fahrenkopf
	Luke Erml
April 5	Kailee Shaver
	Austin Davis
April 7	Kalen Hustek
April 8	Barb Davis
	Al Yeckel
	Zack Hoon
	Steve Sabolich
	Kathleen Schriner
April 12	David Magnus
April 13	Betsy Campbell
April 14	Marge Bodenhame
	Bonnie Loeffler
	Donna Erml
	Tyler Stohr
April 17	Jim Pierce
	Lewis Bohannon
	Lucas Heierding
April 19	Kathryn Toth
	Linda Kanner
April 21	Sue Myer
April 22	Barb Kirsop
	Al Stohr
	Travis Stohr
	Elizabeth Carney
April 25	Charlotte Solak
April 26	Erin Fach
	Sage Mach
April 27	Marjorie Sutliff
April 28	Kent Spelman Jr.
April 29	Donna Jakupca
	DJ Furry
April 30	Carol Lavelle

\*\*If your birthday is missing from our birthday list, please contact Office Administrator Crystal Duffield at: <a href="mailto:info@riverpres.org">info@riverpres.org</a> or (440) 333-4888.

Please refer to the website calendar for any updates which may post after the published Pulse date. Thank you.



Thank you all for praying and supporting me this past year as I'm transitioning into a medical lifestyle. I am sure that is the reason I am doing so well.

- Nancy McGillicuddy

I would like to thank our congregation and especially those who had any part in making my 90th birthday so special. I guess God still has work for me to do to let me have so long here.

> Thank you, thank you, Jane Doughman



#### In Loving Memory

Loved ones of church family who have passed away in addition to those

previously announced.

**Lois Hudson,** sister of **Donna Jakupca,** died on Wed. March 21<sup>st</sup> in St. Louis, Missouri.

**Al Kanner**, the father of **Jim Kanner**, died March 18<sup>th</sup> in Madison, Wisconsin. Al was 87 years old.

Let's embrace these families in prayer as they grieve their loss while celebrating the Resurrection.

#### Sanctuary Flowers

Do you have a loved one you would like to honor for a birthday or anniversary. Would you like to memorialize that special person who has passed away? By signing up for a Sunday to provide our sanctuary with flowers you can do this. The cost is only \$30.00 and you may take the flowers with you after our 10:30 a.m. worship service. Your "in honor of" or "in memory" attribution will be listed in our bulletin announcements as well as on the card with the flowers. The sign-up sheet is located on the bulletin board by the Parlor. Please contact Crystal in the church office if you have any questions. 440-333-4888

# Middle School fellowship's winter retreat at Camp Aldersgate was "Making a Difference"

Our small but mighty group had a wonderful weekend retreat recently! Camp Aldersgate is a beautiful camp. Our youth and advisors spent time during the weekend exploring ways that we can seek out those who are different from us and find common ground. We talked about the people who are our "sanctuaries,"...those who we go to when we hit rough spots in our own lives. We invited God to show us the ways that promote harmony instead of division. There was also time for some fun outside-it was a cold weekend, but the sun was bright! We ate pancakes and spaghetti, made s'mores around the fire and enjoyed "checking out" of everyday life for a little while!



# One of the Christian Church's most formative experiences Church summer camp information now available

Are you starting to plan your summer, even though it is still cold and gray? We have information on several excellent Christian camping opportunities for kids of all ages. For more information or to pick up camp flyers, see Lisa Watts.



#### Reserve your child's spot now!

# Summer youth mission trip set for Sun., June 24—Sat., June 30

Are you looking for a meaningful way for your teen to get involved in a mission project this summer? Consider signing them up for our youth mission trip led by our pastor.

During the week of June 24-30, kids from our church will join a "work camp" developing "grit" and new skills in our kids! We'll be performing home repairs for senior citizens and impoverished homeowners in southwestern Ohio. The work camp is sponsored by Group Mission Trips, a youth-focused organization with tremendous experience in these activities. "Group" stages well-organized work camps that are open to youth from many Christian denominations from anywhere in the US. Our kids will have a chance to work

with and get to know youth and adults from other areas of the country.

The trip is open to any youth who has completed  $6^{th}$ - $12^{th}$  grade. The list cost for the trip is \$464 per partici-



pant, but we will be hosting several fund-raisers (Spaghetti Dinner, Pancake Supper, Car Wash) to help defray that cost. We have reserved 8 spots for youth, and have the potential to reserve additional spots if warranted by registrations filed by Easter.

If you are interested in having your teen join in, please contact Lisa Watts to reserve a spot because space IS limited! A \$50 deposit will reserve a space. You can get more information from Lisa or you can visit the Group website to learn more at <a href="https://www.groupmissiontrips.com">www.groupmissiontrips.com</a>.

# <u>Preparing for Graduate Recognition Sunday June 3<sup>rd</sup></u> Clue us in on graduates in your clan!

If you or someone in your family will be graduating from high school, college or graduate school this spring please give the church office a call with the details and supply a picture if you are able. We would like to honor the graduates during our worship service on Sunday, June 3.



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#### The Pulse



#### Semi-Circle

Semi-Circle will meet on **Monday, April 9th** at **12:00 p.m.** at the church in the West Room. If you have questions you may contact Carolyn Watilo 440-799-4779 or Nancy McGillicuddy 440-724-1738. Newcomers are always welcome!

#### Priscilla Circle

Priscilla Circle will meet on **Thursday, April 19th** in the West Room. All are welcome! If you have any questions you may contact Gretchen Koch or Sara Gresh.

#### Expressions of Faith

Our group will only meet **Tuesday, April 10th** and **24th** at 9:30 a.m. in Room D-3,4. We welcome anyone who knits or just enjoys a cup of coffee with friends. For more information contact Mary Murphy (440-785-8614).

#### **Koinonia**

Join us **Wednesdays at 10:00 a.m.** in the Parlor for Koinonia Prayer & Bible Study Group. Our prayer time is personal and confidential within the group, with no obligation to pray aloud. Questions may be directed to Jane Doughman, Nancy Clash, Jo Naretto, Elizabeth Richmond, or Carolyn Watilo.

#### Women of Grace

Are you looking for a chance to get together with other women for Bible study, fellowship, and mission? Then please join us, we will meet on **Tuesday, April 24th** at 7:00 p.m. in room D–3,4. If you have any questions you may contact Lisa Watts.



#### RRPPreschool news

### Registration now open for the 2018-2019 school year

Registration for our Rocky River Presbyterian Preschool is now open to the general public. Any child, ages  $2\frac{1}{2}$  through prekindergarten, may be enrolled in one of the half-day programs at RRPPreschool.

# Preschool fundraiser Tue., April 10 Eat "Old Carolina" barbecue with messy fingers but a clean conscience

To support its program our preschool stages a number of fundraising events throughout the year. While they certainly aren't mandatory, these fundraisers sure can be fun... and tasty!

On Tue., April 10 you can dine or carry-out from **Old Carolina Barbecue** at Westwood Town Center. When you show them the <u>flyer</u> from Rocky River Presbyterian Preschool (available below or at the church) the restaurant will donate <u>50</u>% of the value of your purchase back to the preschool! This opportunity is available between 4-8 p.m. on Tue., April 10.

# JOIN US FOR A FUNDRAISER AND EXPERIENCE TRUE Q



One taste and you'll agree Old Carolina is the closest thing to authentic barbecue this side of the Mason-Dixon line. Bring this flyer or show it on your smartphone and 50% of proceeds will be donated to your organization.

Rocky River Presbyterian Preschool

 LOCATION:
 21613 Center Ridge Rd

 DATE
 April 10, 2018

 TIME
 4:00pm - 8:00pm

oldcarolina.com Sales fax, beer and gift card sales are not eligible



#### APRIL 2018 LIBRARY LINGO

Mary Schulz, Librarian

DISPLAYS: New books Earth Day books



#### NEW ITEMS FOR CHILDREN:

#### Picture Book Fiction:

The Thing about Spring

E KIR

Bird, Mouse, Rabbit, and Bear debate the pros and cons of winter vs. spring.

#### **Elementary Fiction Books:**

#### **The Cooper Kids Adventure Series:**

**iFIC PER** 

- #1 The Door in the Dragon's Throat
  - Armed with the knowledge that God is more powerful than any legend or curse, Jay and Lila plunge down into the Dragon's Throat, determined to find out what awaits them on the other side of the Door.
- #2 Escape from the Island of Aquarius
  - A mission to rescue a missionary leads Jay and Lila to an island where they encounter a mysterious leader claiming to be him. Earthquakes are tearing the island apart, so every moment is precious to find the real missionary.
- #3 The Tombs of Anak
  - Jay and Lila are in search of a young treasure-seeker whose ambitions drove him to the bottom of a pit, never to return. They learn of a man-eating creature who terrorizes locals into worshiping him. Jay and Lila must uncover the truth.
- #4 Trapped at the Bottom of the Sea
  - After an argument with her father, Lila boards an Air Force flight from Japan to the U.S. A sudden hijacking leads to an explosion sending Lila to the ocean in a secret weapons pod. Jay and his father frantically struggle to get to the pod.
- #5 The Legend of Annie Murphy
  - In 1885, Jay and Lila's relative was accused of murder, but escaped before her punishment. Now, a hundred years later, there have been sightings of her "ghost," and the kids become involved in a mystery.
- #6 Mayday at Two Thousand Five Hundred
  - Fourteen-year-old Jay is flying in his uncles' Cessna when the plane is shaken violently from turbulence. Uncle Rex is knocked unconscious, and Jay is termporarily blinded from a head injury. This adventure shows the importance of faith as Jay faces numerous unseen dangers.
- #7 The Deadly Curse of Toco-Rev
  - Lila and Jay are with their dad on a mission to the jungles of Central America, where American treasure hunters have become victims of a deadly curse. The kids are kidnapped- will their courage and faith in God bring them through?
- #8 The Secret of the Desert Stone
  - Biblical archeologist Dr. Cooper arrives in Togwana with Jay and Lila and a goal of discovering the secret behind the two-mile-high stone that mysteriously appeared overnight.

#### Elementary Nonfiction books:

#### Love Letters from God: Bible Stories for a Girl's Heart

j220.9 NEL

**i920 HOW** 

What child doesn't like to receive mail? In this lift-the-flap picture book designed for girls, children can open and read their own personal mail from God, as they experience some of the best loved stories of the Bible- stories of Eve, Miriam, Esther, Mary, and many more.

Lightkeepers Series:
Ten Boys Who Changed the World (includes Billy Graham)

Ten Boys Who Used Their Talents (includes C.S. Lewis, J.S.Bach, George Washington Carver)

Ten Boys Who Made History

Ten Boys Who Didn't Give In

<u>Ten Boys Who Made a Difference</u> (includes John Knox, Martin Luther, John Calvin)

HAPPY READING!!

(All descriptions have been taken from book jacket, title page verso, or review article)

#### **Healthy Happenings**

#### ... Notes from the Parish Nurse

Dear Friends and Family,

From savoring produce at the peak of freshness to meeting the people who grow your food, there are countless reasons to support farmers markets. Here are just a few!

- ⇒ **Taste Real Flavors**. The fruits and vegetables you buy at the farmers market are the freshest and tastiest available. Fruits are allowed to ripen fully in the field and are brought directly to you; no long-distance shipping, no gassing to simulate the ripening process, no sitting for weeks in storage. This food is as real as it gets: fresh from the farm.
- ⇒ **Enjoy the Season**. The food you buy at the farmers market is seasonal. It is fresh and delicious and reflects the truest flavors. Shopping and cooking from the farmers market helps you to reconnect with the cycles of nature in our region. As you look forward to asparagus in spring, savor sweet corn in summer, or bake pumpkins in autumn, you reconnect with the earth, the weather, and the turning of the year.
- ⇒ **Support Family Farmers**. Family farmers need your support, now that large agricultural businesses dominate food production in the U.S., small family farms have a hard time competing in the food marketplace. Buying directly from farmers gives them a better return for their produce and gives them a fighting chance in today's globalized economy.
- ⇒ **Protect the Environment**. Food in the U.S. travels an average of 1,500 miles to get to your plate. All this shipping uses large amounts of natural resources (especially fossil fuels), contributes to pollution, and creates trash with extra packaging. Conventional agriculture also uses many more resources than sustainable agriculture and pollutes water, land, and air with toxic agricultural by-products. Food at the farmers market is transported shorter distances and is generally grown using methods that minimize the impact on the earth.
- ⇒ Nourish Yourself. Much food found in grocery stores is highly processed and grown using pesticides, hormones, antibiotics, and genetic modification. Some of it has been irradiated, waxed, or gassed in transit. These practices may have negative effects on human health. In contrast, most food found at the farmers market is minimally processed, and many of our farmers go to great lengths to grow the most nutritious produce possible by using sustainable techniques, picking produce right before the market, and growing heirloom varieties.
- ⇒ **Discover Variety—the Spice of Life** At the farmers market you find an amazing array of produce that you don't see in your average supermarket: red carrots, a rainbow of heirloom tomatoes, purple cauliflower, green garlic, watermelon radishes, quail eggs, maitake mushrooms, and much, much more. It is a wonderful opportunity to savor the biodiversity of our planet.
- ⇒ **Promote Humane Treatment of Animals**. At the farmers market, you can find meats, cheeses, and eggs from animals that have been raised without hormones or antibiotics, who have grazed on green grass and eaten natural diets, and who have been spared the cramped and unnatural living conditions of feedlots and cages that are typical of animal agriculture.
- ⇒ **Know Where Your Food Comes From.** A regular trip to a farmers market is one of the best ways to connect with where your food comes from. Meeting and talking to farmers and food artisans is a great opportunity to learn more about how and where food is produced. The seller's profile that hang at the booth will give you even more opportunities to learn about the people who work hard to bring you the most delicious and nutritious food around. Profiles, articles about sellers, and a map of farms are also available on this website.
- ⇒ Learn Cooking Tips, Recipes and Meal Ideas. Few grocery store cashiers or produce stockers will give you tips on how to cook the ingredients you buy but farmers, ranchers, and artisans at the farmers market are often passionate cooks with plenty of free advice about how to cook the foods they are selling. You can also attend free seasonal cooking demonstrations by area chefs and evening classes on food preservation and other kitchen skills.
- ⇒ Connect with Your Community. Wouldn't you rather stroll amidst outdoor stalls of fresh produce on a sunny day than roll your cart around a grocery store with artificial lights and piped in music? Coming to the farmers market makes shopping a pleasure rather than a chore. The farmers market is a community hub and a place to meet up with your friends, bring your children, or just get a taste of small-town life in the midst of our wonderful big city.

Catherine A. Patton RN, BSN 440-333-4888 ext:105 Parishnurse@riverpres.org.



#### Page 8

#### The Pulse

### An update from the Vitality & Renewal Team There's a lot of love here!

On March 18<sup>th</sup>, our congregation stepped out of its comfort zone during worship service to participate in a thought-provoking exercise. Once parishioners settled into groups of five or so people, they took turns answering one of these questions:

How has this church impacted you?

What is this church all about?

What is distinctive about this church?

As a few members of the Vitality & Renewal Team roamed the sanctuary, we were touched by the depth and breadth of responses we overheard. Take Anne Busher's answer, for instance. "This church is my family – my grandma, my mom, my husband and my daughter have all attended here. But other members have become like family, too," shared Anne. Then she paused, took a breath and with tears welling up in her eyes added, "There's a lot of love here."

Anne's sentiments echoed that of many participants during the exercise. So many of you talked about love, acceptance, support and inclusiveness. In fact, when the Vitality & Renewal Team reviewed the notes taken by volunteer facilitators, three primary themes emerged:

**Community** – Our congregation is filled with warm, welcoming Christians who steadfastly support one another in times of need and eagerly accept newcomers of all ages.

**Serenity** – Our worship service provides many people with a sense of peace and rejuvenation in an otherwise hectic week. It reminds us that God is with us, always.

**Relevance** – Messages from the pulpit are thoughtful, stimulating and relatable. They aren't merely esoteric missives. Instead, the sermons, prayers and Bible readings contain usable nuggets to live by.

These are by no means the only thoughts shared. People are passionate about our music, Christian education, women's circles, mission opportunities and many other RRPC activities. Neither were all the comments glowing: There is room for improvement – let's call it growth – within our church.

That leads to the obvious question: So now what do we do with all this information? The Vitality & Renewal Team plans to use your insight as a stepping-off point for our congregation-wide "Journey of Renewal," which Jo Naretto summarized in church last month:

We are at a time in our congregational life where we have become complacent. We seem to have stalled and are ready for movement to the next level. We believe that God calls us to claim anew the Mission and Purpose for RRPC:

#### Praising God, Teaching Faith, Serving Others!

We see that RRPC has so much to offer and realize we can become better in sharing it. We want to not just talk about God's mission, but organize more concretely toward realizing that vision.

In the coming weeks, members of the Vitality & Renewal Team will meet with various groups within the church – the Session, the Deacons, women's circles, men's groups, youth groups, choirs and so on. We'll ask for your ideas on what we do well – and what we can do better – within each area of our mission statement: praising God, teaching faith and serving others. Ultimately, we hope your ideas lead to tangible ways we can continue to grow as a congregation and strengthen our bonds with one another, the community at large and God.

Anne Busher is right: There's a lot of love here. And together we can better become the living embodiment of that love.

If you missed the chance to share on March 18 or have other ideas you want to impart to the Vitality & Renewal Team, feel free to contact any one of us:

- Susan Flynn (sflynn@keenconcepts.net),
- Dave Hensel (<u>henselhouse3021@hotmail.com</u>),
- Kalen Hustek (hustek.kalen@yahoo.com),
- Jo Naretto (<u>inaretto@sbcglobal.net</u>),
- Matt Pedone (<u>matthew.r.pedone@gmail.com</u>) and
- Sally Schriner (sallybabs@gmail.com).

Our pastor announces a new chance for you and your friends to tour the Holy Land

# Next February, "walk where Jesus walked"

Our pastor invites you, your family, neighbors, friends and colleagues from anywhere in the U.S. or Canada to join him on a memorable and stimulating trip to the Holy Land in February 2019.



A Holy Land trip is enjoyable, safe, educational and spiritually stimulating. This will be Jon's sixth trip to the Holy Land, so he speaks from experience!

You'll fly into Amman, the capital of the Kingdom of Jordan. After touring the rock-carved city of Petra—one of the wonders of the world—your deluxe motorcoach will take you into Israel where you'll tour Bethlehem, Jerusalem, Nazareth, Capernaum (Jesus' adopted hometown), the Sea of Galilee and more. You will be accompanied by local, licensed, experienced, knowledgeable tour guides the entire time, and will stay in First Class hotels throughout.

Itinerary and pricing details of this 10-day tour (Feb. 18-27, 2019) are available in a free, detailed color brochure:

- Get one at church or by calling the church office
- To see an "online brochure" without obligation <u>or</u> to register for the trip, go to <u>www.eo.travelwithus.com</u>
- Under the "Find a Trip" tab you can select "Know Your Trip Information?" and then enter this information:

Tour: HL19Date: 021819

Code: J

• Tour Host ID#: 17718

What's more, you earn a discount the sooner you register!

Visiting the land of the Bible is *so* enjoyable and inspiring—think of relatives, neighbors and friends anywhere in the U.S. who might want to join you on our Holy Land 2019 tour!

# April 2018

# "The Pulse"

**April** 2018

**Rocky River Presbyterian Church** 

www.riverpres.org

Rev. Dr. Jon M. Fancher, Pastor 21750 Detroit Road

(440) 333-4888

**Rocky River, OH 44116-2220** 



# the monthly newsletter of Rocky River Presbyterian Church