



The Pulse

October
2017



of Rocky River Presbyterian Church

Peace & Global Witness Offering received Oct. 1

Be part of hundreds of millions on World Communion Sunday Oct. 1st

Did you know that World Communion Sunday (originally called World Wide Communion Sunday) was a gift of the Presbyterian Church to the larger ecumenical church? RRPC continues our solidarity with fellow Christians by celebrating World Communion Sunday on Oct. 1 at 10:30 a.m.

The first celebration of World Communion Sunday occurred at Shadyside Presbyterian Church in Pittsburgh in 1933 where Dr. Hugh Thompson Kerr served as pastor. It was an attempt to bring churches together in a service of Christian unity. Dr. Kerr's son the Rev. Donald Kerr recalls, "The concept spread very slowly at the start. People did not give it a whole lot of thought. It was during the Second World War that the spirit caught hold, because we were trying to hold the world together. World Wide Communion symbolized the effort to hold things together, in a spiritual sense. It emphasized that we are one in the Spirit and the Gospel of Jesus Christ."

World Wide Communion Sunday was adopted as a denominational practice in the Presbyterian Church (US) in 1936. Churches in other denominations were invited to celebrate with us from the beginning, but it wasn't until 1940 that the practice became widespread. Today, World Communion Sunday is celebrated around the world... including at RRPC!

—Worship Committee

"So THAT'S where our children are...!"

Great beginning to new "Sunday-school-starting-in-worship" practice

As a child, how did you learn what it meant to "worship"? By worshipping, of course! That simple fact is the basis for our new practice: beginning Church school by having all children (age 3 and older) sitting with their families in worship. They experience a hymn, a prayer, and a talk aimed especially at them, then they are dismissed to their church school classrooms.

Early reports are all "thumb's up"—the children are enjoying it, and adults appreciate having children in our midst. Sure, a little squirming or some childlike chatter are reminders of what it was like when we were children learning to worship. Remember to acknowledge children and their parents with words of welcome and smiles of encouragement!

—Worship Committee

Fundraiser Tue. Oct. 10th

Eat @ Beardens, profit our preschool!

Let your stomach support our weekday preschool—dine at Bearden's Restaurant on Lake Rd. in Rocky River on Tue., Oct. 10, 11 a.m.-9 p.m. When you show the event flyer (available in the Oct. 8 bulletin or in the church office), the restaurant will donate 25% of sales to our preschool!

—Ellen Schickel, Session Rep. to RRPP Board

Artist Concert Series presents...

The Cleveland Bluegrass Orchestra! Sun., Oct. 1, 3 p.m.

The Cleveland Bluegrass Orchestra consists of five members of the renowned Cleveland Orchestra who have a secret: when they are not performing Beethoven and Brahms at Severance Hall and around the world, they love to play bluegrass music!



You'll enjoy a wide variety of music from standard bluegrass tunes to classical favorites played with a bluegrass twist. As they insist, the only requirement is that it be fun!

—Nancy McGillicuddy, Artistic Director
Artist Concert Series

Sun., Oct. 29th

RRPC observes 500th anniversary of the Protestant Reformation

RRPC was founded in 1956... or from another perspective, in the year 1517! That was the beginning of the Protestant Reformation when, on Oct. 31, 1517, Martin Luther urged public discussion of theological questions. He did so by tacking his "95 Theses" on the doors of Wittenberg Cathedral which served as the community bulletin board.

This year marks the 500th anniversary of that history-changing, courageous act of faith, and we'll mark this historic anniversary in worship Oct. 29th.

—Worship Committee

Sun., Oct. 22nd 5 p.m.

Get your appetite ready for our annual CLAMBAKE!

RRPC's annual Clambake will be October 22nd starting with steaming broth served at 5 p.m. There will be the usual bake—chicken, sweet potato, corn, cole slaw, rolls, and clams (optional). Don't like clams? You can have the dinner without them! We'll also offer hot dogs and mac-and-cheese for the kids. Tickets will be on sale after worship on October 1, 8 and 15, or in the church office. Any questions, call, text or email Bob Murphy at (440) 781-1231 or rmurphy5@oh.rr.com.

—Deacons' Fellowship Team

Chamber of Commerce Business Expo

Your church will be visible at the Rocky River Chamber of Commerce's annual Business Expo. The event happens Thur., Oct. 12 2-7 p.m. at Umerley Civic Center in Rocky River. Free admission (age 18+ only).

From Your Pastor

One Thin Dime

Twenty-five cents.

To a 7-year-old in the early 1960s, 25¢ was a lot of money. A piece of bubble gum was a penny. Candy bars were a nickel. So was a bottle of pop. Comic books on the shelf at the W.T. Grant store were 12¢; that's what the imprint on the cover said. (Why 12 and not 10 or 15 cents? I have no idea.) I could mail my parents a letter from camp with a 5¢ stamp. At 30¢/gallon, on my allowance I could almost have afforded a gallon of gas... if I had any use for it back then. If I was lucky, sometimes I could increase my allowance by 20-40% if I happened to find a nickel or dime in a payphone or on the sidewalk.

Twenty-five cents carried a lot of clout back then. But then again, the entire 25¢ allowance wasn't for me. My parents told me that 10¢ of my allowance was to be set aside for my weekly church offering. That's why they paid my allowance with two dimes and a nickel every Saturday morning.

I suppose I could have taken the dime and placed it right in the next day's Sunday school offering envelope from the little cardboard box in the top drawer of my bureau. That way my offering would have been ready for Sunday morning. And that would have made for calmer Sunday mornings with my father leaving early to walk next door to his office in the church, and my mother scrambling to get four children into their "Sunday best" in time for Sunday school.

But my church offering didn't go right into the offering envelope. Instead, I took my allowance and put one dime and the nickel into the little coin pocket of my wallet and snapped it shut. Then I carried the "church dime" into the dining room. When no one was looking I would open a china cupboard. There stored on a shelf was a tiny painted-glass piano—about the size a mouse would play if it was so inclined. I'm guessing my mother would have displayed it on some shelf except for the fact that she had four children under the age of 9 in the house.

The top of the tiny glass grand piano lifted off, revealing a small cavity in the

fragile glass *objet d'art*. I would place the dime into the tiny glass grand piano and put the little glass top back on the piano. There the dime would stay for about 24 hours. On Sunday morning I would retrieve the dime, place it in my Sunday school offering envelope, lick and seal it and stuff it into my pants pocket.

Anticipating your question, No, I have no idea why I started doing that. My older brother didn't do anything like that. As a "first-born," naturally he placed his Sunday school offering in its envelope as soon as he received it... because "that's what you're supposed to do."

As I think back on that quirky little childhood ritual, I can appreciate the puzzles archaeologists and anthropologists have to solve. *Why did he do it? What did it mean? What did it accomplish—what was its purpose?*

My best guesses as to why I carried out that weekly practice with the portion of my allowance designated for my church offering?

- ◆ I didn't want to spend what rightfully was to go to God.
- ◆ I didn't want to lose it by treating it carelessly.
- ◆ I knew that that portion of my allowance was different from other money. It wasn't like the \$2 bill my grandparents would send me on my birthday every year for me to spend however I wished. It wasn't like the dollars my mother would give me to walk to the A&P to pick up milk and bread. It wasn't just another dime. From its very beginning (that is, when my allowance was handed to me) that dime was set apart from other money in the world. I sensed that it was imbued with godly importance. It deserved special attention.

Throughout the year we observe special days and times that evoke certain thoughts and memories: the Fourth of July lifts our national pride; Christmastime brings the joy of God's gift of love and the comfort of family traditions; Mother's Day honors the generosity and sacrifice of those who bore us.

We're entering another such special time: at our church as at many others, we begin a "season of Stewardship." Stewardship is not merely a "fundraising campaign." A spirit of stewardship invites us to appreciate

and reciprocate.

So let's **appreciate** by considering the daily lives we lead—the good fortune we enjoy in the everyday gifts of family love and neighborly friendship, daily food and abundant fresh water to drink, the natural beauty, cultural enrichment and physical safety of our communities, meaningful work and opportunities for leisure. The world we live in and the lives we enjoy are ours because of the thoughtful stewardship of God's gifts carried out by the people who have gone before us.

Our other action in this season of Stewardship is to **reciprocate**—to express our gratitude by partnering with God to be a blessing to the world we live in. First, we ask to be grateful. We hope God will show us how to be appreciative for all we do and have. Then, out of gratitude we respond to God's example by being gift-givers ourselves! We reciprocate not merely by making an offering, but by making an offering that is proportionate to the measure of blessing that we enjoy. As Jesus said in Luke 12:48, "Great gifts mean great responsibilities; greater gifts, greater responsibilities!" (The Message translation)

How will you know when you have been embraced by the spirit of Christian stewardship?

- ◆ You'll know when you don't think, "Who'd notice if I just ignore this appeal..."
- ◆ You'll know when you don't ask, "What's the least I can pledge to give to the church and not feel guilty about it?"
- ◆ You'll know when you are able to say, "I can't believe how good it makes me feel to give this much to the work of Christ's church through RRPC!"
- ◆ You'll know when your offering doesn't feel like a painful deduction from your assets but like a joy-filled gift that has been set aside *from the start* for this special purpose...

...Sort of like a dime in a tiny glass piano.



October Birthdays



October 1	Olivia Sweet
October 2	Jim Kanner
October 5	Dick Norman
October 6	Eva Rudolph
	Gretchen Roche
October 7	John Weedon
	Liz Dillon
October 8	Dave Myer
October 9	Sue Hoffner
	Jackie Miller
October 10	Carole Nelson
October 11	Phyllis Gross
	Jan Beeman
October 12	Brenda Fahrenkopf
October 13	Carter Hoon
October 14	Kemper Arnold
October 15	Jason Koberg
October 17	Sue Krivok
	Jeffrey Prudhoe
	Brian Roche
October 18	Becky Weber
October 20	Kimberly Prudhoe
October 26	David Miller
October 27	Ernie Hisey
October 29	Matthew Davis

****If your birthday is missing from our birthday list, please contact Office Administrator Crystal Duffield at: info@riverpres.org or (440) 333-4888.**

Sun., Nov. 19 after worship

9th Annual "Alternative Christmas" Charity Bazaar is coming!

Don't start your Christmas shopping yet! Plans are underway for our 9th annual "Alternative Christmas" Charity Bazaar. It will be held in Fellowship Hall on Sun., Nov. 19, 11:30 a.m.-1 p.m. The bazaar will showcase 12-15 charities and missions providing service and support to a variety of issues in our community, region, nation and world.



Don't just shop at the bazaar—help out with it! The event succeeds because you volunteer to help in planning or with day-of-event assistance. It's a fun day for participants and volunteers. And **artists**: want to create the cover for this year catalog? All ages are welcomed to submit entries. Please contact bazaar chairperson Anne Busher at (440) 333-4901.

—Anne Busher, Coordinator

News of our Church Family

Karen and Bud Jones welcomed their first grandchild, **Jasper Patrick Jones**, born Aug. 9 to **Colin and Lindsey Jones**.

Dan & Kathy McKenzie welcomed another grandson, **Luke McKenzie Young**, born Aug. 30 to **Brad and Laura (McKenzie) Young**.

Giving thanks to everyone for your prayers and for all the thinking-of-you and get-well-soon cards that we have received. The cards have lifted our spirits knowing how many of our church friends have taken the time to send the cards and they are greatly appreciated.

~ Bob and Barb Davis



You look very friendly...

During the year, various members of our congregation volunteer to be greeters at the front doors leading into the church. We thank all of you for your time and hope you will continue to volunteer to be a smile at the door, a beacon of hope and joy to those attending church. If you are interested in being a greeter sometime or you just want more information on this simple way to meet others at church, please contact Jim Pierce at (440) 356-0231.



Coffee Hour seeking volunteers

The Deacons' Coffee Hour Committee is currently seeking volunteers to help out the 3rd Sunday of the month. We are also in need of substitutes who would be able to fill in occasionally. Contact Deb Furry deb@notherntitle.com or 440-336-5114 for further information and/or questions.



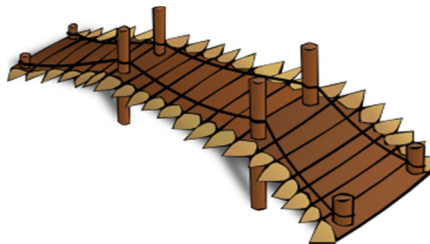
Please refer to the website calendar for any updates which may post after the published Pulse date. Thank you.

Come to “Bridges” for topical, intergenerational learning & fellowship

Why “Bridges?” We have the chance to “bridge” a few gaps in our lives. Being an intergenerational program, we can bridge that generation gap and get to know people that we do not interact with on a regular basis. Each evening will also bridge a specific gap in our collective experience.

Each program will begin with a free dinner at 5:30 p.m. From 6:30 -8:00 p.m. we will take part in a program that involves people of all ages. These programs will be lively and interactive, appealing to adults and children as well.

This month’s program will be Tue., Oct. 17. The final Bridges program will be Wed., Nov. 15.



High School Fellowship retreat set for Nov. 10-12 at Camp Aldersgate

Attention all 9th-12th graders: Don’t miss out on our annual retreat on November 10-12. We will be travelling to our new camp home- Camp Aldersgate in Carrollton. We are very excited with the facilities and the beautiful lake at this new venue and want to be sure you can attend. Cost for the retreat is \$50 and includes lodging and meals at the camp. Much more information will be available soon, but please mark the dates on your calendars **NOW**. This will be an experience you do NOT want to miss.

Adult education has started a new year

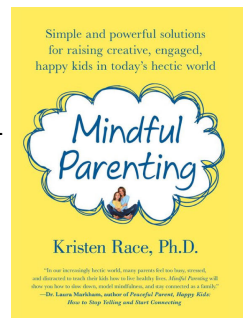
Are you interested in a little something “extra” on Sunday mornings? Do you want to dig a little deeper into your faith? Make plans to join us for Sunday morning adult education classes. We meet at 9:00 a.m. in the West Room, and meet most Sundays through May. We have an exciting line up of leaders and topics so be sure to watch your Pulse each month for specific information. Be sure to check us out for fellowship and a cup of coffee!



Free community presentation Mon., Oct. 16, 7 p.m. Mindfulness and the Teenage Brain

Kristen Race, Ph.D, the author of the popular child-rearing book *Mindful Parenting* is returning to Rocky River this month.

Dr. Race observes that from the demands of modern society to the price of perfectionism, teens are experiencing higher levels of stress than any other generation on record. Parents feel the brunt as well. Dr. Race will speak on the challenge of raising teenagers today and will offer brain-based, practical tools for understanding teens. She’ll offer a brief overview of the neuroscience of stress, encourage parents to focus on their own well-being, and will provide simple strategies to build resilience and experience more joy during these years.



This free presentation is part of the Rocky River City School District Town Hall Series. A donation of a canned good benefitting Rocky River Assistance Program is suggested.

Stewardship Commitment Sunday: Oct. 22nd October’s stewardship season: like an “early Thanksgiving”

Sun., Oct. 8th will kick off our Stewardship Campaign for 2018—a time to consider God’s call for each of us to show our gratitude for God’s blessings by enabling our church to inspire us and serve others. After worship on the 8th be sure to pick up your personalized information packet that day. The sermons on the 8th, 15th and 22nd will help us consider how God is relying on us to **“Plant Many Seeds”** to bring about God’s plan for our church, our communities, and our world.

On Commitment Sunday, October 22nd, we invite you to join in our long-standing tradition of presenting your 2018 Stewardship “pledge cards” during the service. After worship, we will all join together in a free celebratory all-church luncheon in Fellowship Hall—no need to bring anything; no need to pay anything! **Everyone is welcome to attend!**

Over the next few weeks, before our annual Stewardship Campaign begins, please take some time to reflect on how truly blessed we all are to have such an amazing church family. Just as our congregation has evolved over the generations from the original group of Charter Members, our church, the facilities, and the grounds have evolved from the original blueprints. You may remember from last year that I noted that each of us is a “steward of Christ’s church in the world.” During the month of October, I would encourage each of you to think about what kind of steward you want to be in 2018.

--John Eyre,

Stewardship Committee Chair

“Give thanks to the Lord, for he is good, his love endures forever.”

—Psalm 107:1



PRESBYTERIAN WOMEN

Semi-Circle

Semi-Circle will meet on **Monday, October 9th** at **12:00 p.m.** at the church in the West Room. If you have questions you may contact Carolyn Watilo 440-799-4779 or Nancy McGillicuddy 440-724-1738. Newcomers are always welcome!

Priscilla Circle

Priscilla Circle will be meeting on **Thursday, October 19th** in the **West Room** at **7:00 p.m.** All are welcome! If you have any questions you may contact Gretchen Koch or Sara Gresh through the Church Office.

Expressions of Faith

Our group will meet **Tuesday, October 10th** and **October 24th** at **9:30 a.m.** in Room D-3,4. We welcome anyone who knits or just enjoys a cup of coffee with friends. For more information contact Mary Murphy (440-785-8614).

Koinonia

Join us **Wednesdays at 10:00 a.m.** in the Parlor for Koinonia Prayer & Bible Study Group. Our prayer time is personal and confidential within the group, with no obligation to pray aloud. Questions may be directed to Jane Doughman, Nancy Clash, Jo Naretto, Mary Murphy, or Carolyn Watilo.

Women of Grace

Women of Grace have a new meeting day! We will be meeting on the 4th Tuesday of each month at 7:00 p.m. Are you looking for a chance to get together with other women for Bible study, fellowship, and mission? Plan to join Women of Grace for their meeting on **Tuesday, October 24th** and see what we are all about!

Christmas is coming....

Again this year our **Semi Circle** will be collecting items to make a joyous and blessed Christmas for the families of the Positive Education Progra (PEP). Suggested gifts are listed on the next page, or ask any member of Semi Circle for ideas to donate. Thank You!



It's time for our annual...

TRASH & TREASURE SALE!

**Sale date: Sat., Oct. 7
9 a.m.-2 p.m.**

Drop off donated goods through Tue., Oct. 3

- Mon-Thur. 8 a.m.-3:30 p.m.
- Fri. 8 a.m.-12 noon
- Sat. 9 a.m.-1 p.m.
- Sun. 8 a.m.-1 p.m.

Give us just 10-30 min. after worship on Sun., Oct. 1: "Sorting Sunday"

- All ages can help deliver goods to their sales areas
- Your time spent saves HOURS for volunteers later that week

Volunteer during set-up week

- Daytime & evening hours available
- Newcomers & veterans can sort, arrange and price items
- Contribute something for our Bake Sale on sale day.

Work on sale day: Oct. 7

- You show our guests the peace and love of Christ!
- Volunteers receive free, tasty hot lunch.
- Be a "special blessing": **help with clean-up 2-3:30 p.m.** so our church building is ready to receive worshipers on Sunday!

(We cannot accept donations of car seats, cribs, knives, guns, or TV's.)

Questions? Want to try volunteering? Email Ellen Schickel at peschickel@hotmail.com

—Donna Erml & Ellen Schickel, co-chairs

One mans
trash is
another
mans
Treasure

PEP - Christmas Wish List

a project of our Presbyterian Women's "Semi-Circle" group

Toy items- ages 6-10 girls or boys
(Legos, Matchbox cars, craft kits)
Ages 1-5 – pull toys, puzzles, stuffed animals

Kids PJs-size 5-14 boys or girls

Art supplies and Craft kits
Adult coloring books and colored pencils

Boys underwear – Boxers sizes 5-18

White T-shirts – sm., med., Lrg., X-Lrg., XXL

Girls underwear – size 4-14

Sweatshirts and Hoodies – all sizes

Ear buds and cases for phones, tablets, etc.

Basket balls, foot balls, pumps

Nail kits and polish

Play dough and Kits

Fidget Spinners

Wrapping paper, tape, bows

Toiletries

Deodorant (men's/women's)
Toothpaste, toothbrushes
Shampoo
Bar Soap

Gift Cards:

Target
Marc's
Walmart
Marshalls
Any Food Store



Healthy Happenings

... Notes from the Parish Nurse

Dear Friends and Family,

Greetings! October is national healthy lung month. For many people with allergies and lung problems, this time of the year causes them to have exacerbated symptoms and even more distress. Problems stem from the pollens and mold that are so prevalent this time of the year. There are several pollens that occur in the fall such as ragweed and grass, which many people are allergic to. These pollens may produce unpleasant symptoms such as sneezing, sniffing, nasal congestion, runny nose, sleep disruption, red and or puffy/itchy and/or dry or watery eyes, itchy throat, cough, sore throat and even hives. Persons that are severely allergic to pollens may experience chronic sinus problems (sinusitis) and even asthma attacks.

Mold is another problematic allergen in the fall due to colder temperatures and wetter conditions. To help lower your risk of suffering mold allergies you can use a room de-humidifier. If you must go outside or perform yard work you can wear a face mask and if you see visible mold clean it with a diluted bleach solution to kill the mold. Any allergies (whether mold or pollen) can be relieved by using an antihistamine. Remember to consult with your physician before starting any new over-the-counter medications

Severe medical issues to consider include bronchitis, emphysema, cardiopulmonary disease, high blood pressure (which can lead to heart attack and stroke), vasoconstriction (constricted/narrowed blood vessels) which also may lead to heart attack and stroke, DVT (deep vein thrombosis or blood clot), pulmonary embolisms. Some molds can be carcinogenic which can cause cancer in the lungs, mouth and throat.

God gave you two lungs and you can live with one, but why would you do that to yourself? Keeping fit and healthy promotes a longer, happier life and maintaining lung health is primary to maintaining your overall health. Exercise as simple as a brisk walk to get your heart pumping and lungs working is all it takes. If you are in a more advanced state of physical conditioning, riding bicycles or jogging/running will really get the your blood pump going and get the lungs inhaling and exhaling and thereby help to sustain lung capacity or even increase your lung capacity. And that's what it's really about: lung capacity. The greater the lung capacity the easier it is to provide your body's organs with the vital oxygen they require in order to live a happier, healthier life.



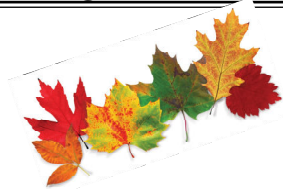
Healthy Lungs



Smoker's Lungs

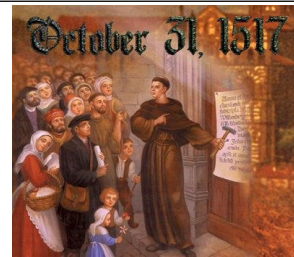
Now, some problems people have with their lungs aren't caused by allergies, they are caused by the person themselves by partaking of a bad habit known as smoking. Smoking leads to many problems with the lungs and air passageways as well as other parts of the body.

Catherine A. Patton RN, BSN
440- 333-4888 ext: 105
Parishnurse@riverpres.org



OCTOBER 2017 LIBRARY LINGO

Mary Schulz, Librarian
 PROTESTANT REFORMATION BOOKS-
 500th ANNIVERSARY
NEW ITEMS FOR ADULTS:



Nonfiction books:

PROTESTANT REFORMATION:

All Things Made New: the Reformation and Its Legacy

270.6 MAC

The most profound characteristic of Western Europe in the Middle Ages was its cultural and religious unity, secured by an alignment with the Pope and a common language, Latin, for worship and scholarship. The author argues that the Reformation sprang from an idea about death and the afterlife- that salvation was entirely in God's hands and there was nothing humans could do to alter his decision. This idea ended the Catholic Church's monopoly in Europe and altered the trajectory of the entire future of the West.

Protestantism after 500 Years

280.4 HOW

Fifteen leading Christian scholars from 4 continents, several traditions, and several disciplines address questions regarding the ongoing significance of the Protestant Reformation and what the observance of its 500 years should lead fellow believers to think and do with its many legacies.

Martin Luther: Visionary Reformer

284.1092 HEN

This biography provides a fresh, bold, and insightful perspective on the man most responsible for the Protestant Reformation, focusing on his entire life, his personal relationships, and political motivations, rather than on his theology alone.

Martin Luther: Renegade and Prophet

284.1092 ROP

A fascinating account of how an obscure 16th century German monk became one of the most influential men in Western history, the monster genius of the Reformation.

Martin Luther: Rebel in an Age of Upheaval

284.1092 SCH

We are shown Luther as a rebel, a player in a mighty struggle for the universal reform of Christianity and its role in the world.

John Knox

285.2092 DAW

This biography rewrites the stereotype of Knox. In giving depth and complexity to his character, the author shows Knox was part of the Reformation; he wasn't always quarrelling with Mary, Queen of Scots; and yes, he did shed a tear or two.

PRESBYTERIANISM:

Calvin for Armchair Theologians

230.42 ELW

The author tells one of the best adventure stories of the modern era- the story of an outcast exiled Frenchman who goes on to become one of Europe's most powerful men.

Witness Without Parallel: Eight Biblical Texts that Make Us Presbyterian

230.51 JOH

The pastor author explores 8 biblical texts that have been instrumental in forming the basis of Presbyterian belief and mission. He examines Presbyterian theological statements and their influence on the development of the church's positions on social issues throughout history, and aims to help readers avoid interpretative mistakes of the past and find insights into the way the Bible can be used correctly to lead the church in the future.

This We Believe: Eight Truths Presbyterians Affirm

230.51 PLU

This accessible introduction to the Christian faith offers a look at the whole story of the Bible in an effort to help the person in the pew grapple with what it means to be a Christian in a world of conflicting ideologies.

HAPPY READING AND VIEWING!!

(All descriptions have been taken from book jacket, title page verso, or review article)

Peace & Global Witness Offering received on World Communion Sunday Oct. 1st

One of the special offerings our church participates in is collected each year on World Communion Sunday. By supporting the Peace and Global Witness Offering, our congregation joins in sharing the Peace of Christ by promoting ministries of reconciliation and peace within cultures of violence and conflict, including our own. By design, this offering is shared at various levels of the Presbyterian Church:

25% | Congregational Peace Initiatives

Retained by our congregation to invest in local responses to injustice and violence, and connect with the global witness to Christ's peace. In recent years the Session has given our portion to North Coast Health, the free health clinic in Lakewood serving the under-insured in western Cuyahoga and eastern Lorain counties.

25% | Mid Council Peace Initiatives

Linking congregations in ministries of peace and reconciliation throughout presbyteries and synods.

50% | Advocating Peace and Advancing Justice

Advocating for peacemaking and justice through collaborative projects of education and Christian witness.

—Rudy Gulstrand, Chair,
Mission Committee

Church directory update page available

"If you did not already pick up an update page for your church directory after worship the past two Sundays, you can do so by stopping in the church office, or by calling Crystal in the office (440-333-4888) and requesting she email it to you. This one page update goes behind Tab 1, updating general church info, and listing the new class of Elders, Deacons, and church officers."

E&M Committee, Kevin Watts, Chairperson

Easier for you, more assurance for RRPC

Stop! Don't write that check!

How many monthly payments do you make electronically?

Add your monthly church offering to the list—you can save the time and trouble of writing your offering check every month, and you won't have to wonder, "Did I remember to make that gift?"

Our Financial Secretary Dave Wolfe can assist you with setting up a monthly Electronic Fund Transfer from your bank account directly to the church. It's secure, easy and free:

- ⇒ Only one simple form to fill out
- ⇒ No fees to pay
- ⇒ You can adjust or stop the EFT at any time.

For information, just email or call our Financial Secretary Dave Wolfe at (440) 333-4888 or dwolfe@riverpres.org.

—Stewardship Committee

Daniel Plan participants invited to "D.P. reunion potluck"

Join us on Sunday, October 8th
5:00 - 6:30 PM at RRPC.



Bring your favorite "Daniel Plan-approved" dish to share with others. Please make your dish enough for 6-8 people.

We will catch up on our success and challenges since the 6-week program ended. Let's inspire one another to continue on our journey of a healthy lifestyle. Remembering the "Five F's" (Faith, Food, Fitness, Focus and Friends) and putting them into practice has helped many of us take back our health through this program. Let's keep the spark going for ourselves and encourage others to do the same.

Please send an email to Brenda Peterson Fahrenkopf if you will be attending our reunion on October 8th.

360degfitness@gmail.com

**"Encourage one another
and build each other up."**

—1 Thessalonians 5:11

Since you love this church, share it with those you love!

Accompany your friends to our Seekers' classes Mon., Oct. 23, 30 & Nov. 6

Don't keep it a secret any longer—share the church you love with the people you love!

- ⇒ Why not ask them to join you for Sunday worship? (And take them out for lunch afterward!)
- ⇒ Tell them about our "no-obligation" Seekers classes to learn more about the Christian faith and the Presbyterian Church (USA). The pastor is offering another series of Seekers classes on **three Monday nights, October 23, 30 & November 6, from 6:45-8:00 p.m.** These informal, enjoyable classes are informative without putting people on the spot. Free childcare is available with advance notice.
- ⇒ Even better, offer to come with them to the Seekers' classes!

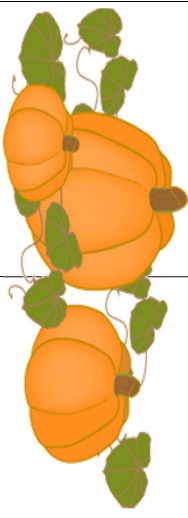
Don't wait a single day longer—invite your friends to experience RRPC with you!

—Evangelism & Membership Committee



October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 World Communion Sunday Food Sunday / KISS 9:30 a.m. Adult Education 10:30 a.m. Worship / KISS 11:30 a.m. Time of Fellowship 11:45 a.m. Sorting for T & T 3:00 p.m. ACS Presents "Cleveland Bluegrass Orchestra" 7:00 p.m. Youth Fellowship Mtg.</p>	<p>2 7:00 p.m. Christian Ed. Mtg. 7:00 p.m. Women's AA Mtg.</p>	<p>3 7:30 p.m. NO ~ Alanon/ Alateen Mtg.</p>	<p>4 10:00 a.m. Koinonia Group Mtg. 7:30 p.m. NO ~ Men's AA Mtg.</p>	<p>5 6:15 p.m. Bell Choir rehearsal 7:00 p.m. AA Back to Basics (Sanctuary) 7:00 p.m. Priscilla Circle Book Review 7:30 p.m. Chancel Choir</p>	<p>6 7:00 a.m. Friday morning <i>Men's Group (RR Starbuck's)</i></p>	<p>7 Trash & Treasure 9:00—2:00 p.m. T&T Sale 2:00—6:00 p.m. Clean-up 7:00 p.m. Altered Attitudes</p>
<p>8 9:00 a.m. Adult Education 10:30 a.m. Worship Service 11:35 a.m. Time of Fellowship 11:45 a.m. Evang. & Membership Mtg. 11:45 a.m. Mission Committee Mtg. 7:00 p.m. High School/Middle School Fellowship</p>	<p>9 Columbus Day 12:00 p.m. Semi-Circle Mtg. 7:00 p.m. Deacons Mtg. 7:00 p.m. Women's AA Mtg.</p>	<p>10 9:30 a.m. Expressions of Faith Mtg. 9:30 a.m. RRRP/Preschool Board Mtg. 7:30 p.m. Alanon/Alateen Mtg.</p>	<p>11 10:00 a.m. RRPC Staff Mtg. 10:00 a.m. Koinonia Group Mtg. 11:30 a.m. RRPC Staff Mtg. 7:30 p.m. Men's AA Mtg.</p>	<p>12 8:30 a.m. Senior Men's Bible Study & Breakfast 6:15 p.m. Bell Choir rehearsal 7:00 p.m. Priscilla Circle Book Review 7:00 p.m. AA Back to Basics 7:30 p.m. Chancel Choir</p>	<p>13 No Preschool 7:00 a.m. Friday morning <i>Men's Group (RR Starbuck's)</i></p>	<p>14 7:00 p.m. Altered Attitudes</p>
<p>15 9:00 a.m. Adult Education 10:30 a.m. Worship Service 11:35 a.m. Time of Fellowship 7:00 p.m. High School/Middle School Fellowship</p>	<p>16 10:30 a.m. Educator's Mtg. 7:00 p.m. Women's AA Mtg. 7:30 p.m. Session Mtg.</p>	<p>17 7:30 p.m. Alanon/Alateen Mtg.</p>	<p>18 10:00 a.m. Koinonia Group Mtg. 7:30 p.m. Men's AA Mtg.</p>	<p>19 7:00 a.m. North Coast Health Board of Trustees Mtg. 6:15 p.m. Bell Choir rehearsal 7:00 p.m. Priscilla Circle Mtg. 7:00 p.m. AA Back to Basics 7:30 p.m. Chancel Choir</p>	<p>20 7:00 a.m. Friday morning <i>Men's Group (RR Starbuck's)</i></p>	<p>21 7:00 p.m. Altered Attitudes</p>
<p>22 Stewardship Sunday 9:00 a.m. Adult Education 10:30 a.m. Worship Service 11:35 a.m. Time of Fellowship 11:35 a.m. Stewardship Luncheon 5:00 p.m. Deacons Annual Clambake 7:00 p.m. High School/Middle School Fellowship</p>	<p>23 6:45 p.m. Seekers Class #1 7:00 p.m. Women's AA Mtg. 7:00 p.m. PW Women of Grace</p>	<p>24 9:30 a.m. Expressions of Faith Mtg. 7:30 p.m. Alanon/Alateen Mtg.</p>	<p>25 10:00 a.m. RRPC Staff Mtg. 10:00 a.m. Koinonia Group Mtg. 7:30 p.m. Men's AA Mtg.</p>	<p>26 8:30 a.m. Senior Men's Bible Study & Breakfast 6:15 p.m. Bell Choir rehearsal 7:00 p.m. Priscilla Circle Book Review 7:00 p.m. AA Back to Basics 7:30 p.m. Chancel Choir</p>	<p>27 7:00 a.m. Friday morning <i>Men's Group (RR Starbuck's)</i></p>	<p>28 7:00 p.m. Altered Attitudes</p>
<p>29 9:00 a.m. Adult Education 10:30 a.m. Worship Service 11:35 a.m. Time of Fellowship 7:00 p.m. High School/Middle School Fellowship</p>	<p>30 6:45 p.m. Seekers Class #2 7:00 p.m. Women's AA Mtg.</p>	<p>31 7:30 p.m. Alanon/Alateen Mtg.</p>				



“The Pulse”

the monthly newsletter of
Rocky River Presbyterian Church

October 2017



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