

# The Pulse

February  
2020



## of Rocky River Presbyterian Church

### 7:30 p.m. communion service in unique setting “Ash Wednesday” Feb. 26<sup>th</sup> marks entry into season of Lent

Lent is a season of the church year intended to help believers consider the quality of their discipleship—how well one is following the example of Jesus. Lent begins 40 days before Easter (not counting Sundays), on a day that has come to be known as “Ash Wednesday” (Feb. 26 this year). The day gets its name from an optional tradition of receiving a mark of ashes on the forehead or hand as a sign of repentance.



Our brief communion service on Ash Wednesday is at 7:30 p.m. The service takes place in our sanctuary—in a special worship configuration set up in the chancel (“stage”) area of the church.

—elder Annette Oberst, Chair,  
Worship Committee

### Sun., Feb. 23, 11:45 a.m. 2<sup>nd</sup> chance to see Jon & Mary Fancher’s “sabbatical travelogue”

After worship on Sun. Feb. 23, Jon & Mary Fancher will again present their 45-minute photo-travelogue. This fast-paced program shares the sights and sounds of their trips to New Mexico and Indonesia during his sabbatical last summer. The show starts at 11:45 a.m. in the West Room.

—Dr. Fancher

### Help send kids to Wisc. this summer “Mardi Gras” pancake supper to benefit summer youth mission trip

Mark your calendars now for “Shrove Tuesday,” Feb. 25. From 5:00-7:00 p.m., our middle and high school youth groups will put on a pancake supper to help fund their summer mission trip to Sheboygan, Wisc. Join us for delicious pancakes and all the fixings! Tickets will be available on Sundays following worship as well as at the door.

—Christian Education  
and Mission Committees



### Pastor on study tour in Egypt Feb. 9-19 How to receive pastoral care during our minister’s trip to Egypt

Our pastor will be part of a ten-person study tour to Egypt this month. The trip is being led by the Revs. Cinda and Steve Gorman, Presbyterian pastors and former mission co-workers in Cairo. You’ll recall that they received support from RRPC during their work overseas.

Their itinerary includes the offices and ministries of the Synod of the Nile, the Evangelical (i.e., “Presbyterian”) Theological Seminary of Cairo, local Christian churches, and tourist attractions like the Great Pyramids. (RRPC members Elizabeth Richmond and I are also part of the ten-person group.)



Jon will lead worship at RRPC on Sunday morning, Feb. 9 before we head to the airport that afternoon. He returns to the office on Thursday, Feb. 20. His Continuing Education time and allowance are helping to make this trip possible.

During Jon’s absence, if you have a pastoral emergency and need the services of a minister, the best thing to do is to call the church office. If you’re calling outside of church office hours, follow the phone prompts to reach the pastor’s voice message where you’ll be given the phone number for the minister-on-call.

—Karol Hoeffler, Chair  
Human Resources Committee

### No sewing skills needed “Hugme Doll” project offers more chances this month

All are welcomed at the next Hugme Doll Workshops:

- Sat., Feb. 15 9 a.m.—12 noon
- Sun., Feb. 16 12 noon—2 p.m.

Stay for the time that works for you. No experience necessary. Choose among: picking fabric combinations, tracing around pattern pieces, cutting fabric, tracing and drawing head pattern, basting hair on head pieces, sewing pieces together, pressing seams, turning projects right-side-out.

—elder Ellen Schickel

## From Your Pastor

### “How do I serve thee? Let me count the ways....”

The above title gives a tip of the cap to Elizabeth Barrett Browning (1806-1861) who famously asked in her Sonnet 43 “How do I love thee?”

So, how *do* we serve:

- serve God?
- serve the continuing ministry of Jesus Christ?
- serve the programs, missions and ministries offered in Jesus’ name by this particular congregation?

Some might say that we serve through a variety of requests to donate items:

- \* collections of hats, gloves, mittens and scarves;
- \* collections of toiletries;
- \* collections of socks, underwear and winter garb for the homeless;
- \* collections of non-perishable food for local hunger programs.

Others might say that we serve through a variety of requests to get involved:

- \* helping at a community meal, perhaps;
- \* writing greeting cards and packing gifts for families contending with cancer;
- \* claiming a spot in the choir loft by joining our Chancel Choir;
- \* serving as an usher or liturgist for our worship services;
- \* shepherding little children through a week of Vacation Bible School;
- \* serving on a church board like the Deacons or Session or Presbyterian Women, or helping with one of their particular duties;
- \* decorating the church for Christmas and then helping stow the decorations for another year.

Still others would say that we serve through a series of requests through the year to be generous with our money:

- \* making an annual stewardship pledge;
- \* giving a special gift toward our congregation’s Per Capita expense;
- \* supporting the PC(USA)’s special offerings for “One Great Hour of

Sharing” (Palm Sunday), “Peace and Global Witness” (World Communion Sunday), and “Christmas Joy” (Advent);

- \* special appeals like the youth groups’ “Souper Bowl of Caring” (February) or the special offering for North Presbyterian Church (June).

Eleven years ago elder Anne Anderson Busher said to me, “I would like to organize an event where people can have an alternative to the sense of feeling obligated to spend money on ‘meaningless’ Christmas gifts. Instead, let them give their money to charities as a way of honoring the people they are gifting.”

From that was born RRPC’s annual “Alternative Christmas” Charity Bazaar. For the last eleven years, Fellowship Hall has welcomed a dozen or more local, national and global missions and charities on the Sunday before Thanksgiving. Church members could visit their booths to learn more about the mission and then decide which charities to support and how much to give each one.

A few weeks ago I received a note from Anne. She wrote,

“All the money has been accounted for and we have *hit another milestone in donations!* The 11<sup>th</sup> Annual “Alternative Christmas” Charity Bazaar raised a total of \$10,561—every penny going to the selected missions. Dear congregation, thank you so much for your amazing generosity. The checks from the church to all of the charities will be sent out soon. So many will benefit from your charity.”

(Anne went on to express her deep appreciation for the people who served on her *ACCB Team*: “Eric Watts; Sara Gresh; Emma, Lisa, and Dan Poole; Marge Bodenhamer; Sue and Cami Krizman; Frank Busher; Chuck, Donna, and Luke Erml; Jon and Mary Fancher; Ellen and Phil Schickel; Rudy and Bonnie Gulstrand; Jim Flynn; Chuck and Bonnie Erickson; Zack Hoon; Jim and Sarah Doan; Lisa Watts; Sue Hoffner; Linda Esdon; Heidi Shaver; the amazing deacons; and the Senior High Fellowship. Extra special thanks to Office Administrator Crystal Duffield for compiling and printing the event catalog; Stella Shriner for her 3

beautiful pieces of artwork on the card and catalog; Custodian Jim Hauer; and to Ann Gilbert for her wonderful gift of music at the event. See you next year!”)

In our world today there are those who point accusing fingers at “the church” because, in their view, churches are always asking for money. But in this month’s column you’ve been reminded that giving money is just one of the ways we are called to serve.

- We respond to the call to serve the good news of Jesus Christ by showing our care and concern for people in the world who struggle because of poverty, illness of body or mind, discriminatory actions and attitudes, oppressive governments, injurious forces of nature.
- We respond to the call to serve the good news of Jesus Christ by coming together to be “the body of Christ” at RRPC. Through worship we come together to acknowledge God’s central place in our lives. We come together to support the myriad activities of being a church. We come together with appreciation and compassion, caring for one another as we would for a cherished sister or beloved brother.

So... How do we serve God? Let us count the ways.... Really—think of *any* aspect of this church’s operations, ministry, or mission. When you do, you’ll realize that it doesn’t happen by magic. All of us together play a part in giving life to this church. Perhaps one of your prayers today can seek to appreciate the very many ways that so much is given by so many to make RRPC our cherished spiritual home.

Please join me in worship this Sunday.





## February Birthdays

February 1	Amy Solak
	Heath Fredrickson
February 3	Connor Flynn
February 4	Hugo Stickney
February 5	Kathy Hartzell
	Halle Weston
February 7	Michelle Davis
	Brendan Mach
February 8	Maeve Costello
February 9	Jan Erml
	Bruce Jakupca
February 11	Emma McGorray
February 12	Emma Russell
	Emma Poole
February 14	John Roth
	Stephen Bohannon
February 15	Ray Variakojis
	John Russell
	Michelle Behar
February 16	Katie Timmons
	Thomas Krizman
February 17	Trevor Myers
February 19	Greg Ward
	Bob Myers
	Kevin Jakupca
February 22	Marilyn Harris
	Jayne Hoon
	Michael Wilson
February 24	Deborah Radcliffe
	Trina Nummela
February 25	Ian Schulz
February 26	Liam Weston
February 28	Kristen St. Pierre
	Adam Smith

**Friday, February 21 at 7:00 p.m.**  
**Artist Concert Series presents...**

### **Local actor Carol Starre-Kmiecik IS "Dorothy Fuldheim"**



Cleveland legend Dorothy Fuldheim has a role in television news history: she is credited with being the first woman in the United States to anchor a television news broadcast as well to host her own television show. She has been referred to as the "First Lady of Television News." Though she died 30 years ago, Cleveland legend Dorothy Fuldheim will be brought to life by local actor Carol Starre-Kmiecik.

### **Help us welcome elders, ministers from 30 churches RRPC to host March 23<sup>rd</sup> meeting of the Presbytery of the Western Reserve**

Ruling elders and ministers from 30 Presbyterian churches from Amherst to Ashtabula will come to RRPC for their next meeting on Monday, March 23<sup>rd</sup>. The evening will begin with dinner at 5 p.m., followed by worship and then a "business meeting" (sort of like our Annual Meeting). You are welcome to attend any part of it.

When a church hosts a meeting of the Presbytery, there are **many volunteer opportunities**: directing cars to various parking areas in our lot, greeting visitors as they arrive, directing people through the building, helping prepare and serve a light dinner, operating the audio/video system in the sanctuary, staffing the office phone after business hours, providing childcare for attendees' children.

Don't wait—sign up now for your preferred volunteer task by calling the church office.

—elder Dan McKenzie,  
 Clerk of Session

### **Session February meeting date changed**

To accommodate the pastor's Continuing Education trip to Egypt, the Session has changed its February meeting date. The new date will be Monday, February 24 at 7:30 p.m.

—elder Dan McKenzie,  
 Clerk of Session

### **Our deacons send you RRPC's birthday greetings via e-cards**



Since May we have been sending "e-birthday cards" through AmericanGreetings.com to those who have provided the Church with their email address. The subject line identifies the card as coming from RRPC...so please open and....

**HAPPY BIRTHDAY!** 🎉

**RRPC just paid every member's portion of the annual "Per Capita" to help fund the Presbytery, Synod and General Assembly: over \$11,000. If you haven't made a Per Capita gift of \$32.41 per household member, won't you consider such a gift in February?**

### **Offer a helping hand at Coffee Hour**

The Deacons' Coffee Hour Committee is currently seeking volunteers to help out the 3<sup>rd</sup> Sunday of the month. We are also in need of substitutes who would be able to fill in occasionally. Deacon Deb Furry looks forward to hearing from you! (440-336-5114) or



### “Souper Bowl of Caring” Sunday, February 2 at the end of the worship service

Our youth will hold soup pots at church doors on Souper Bowl Sunday, February 3. They will join young people in churches across the country to collect money for those who are hungry and hurting. All of the money collected will be donated to the local missions. None of the money is sent to Souper Bowl headquarters. Organizers only ask that each participant report their collection so national totals can be determined and announced. Since the Souper Bowl of Caring began in 1990, more than \$200 million has gone to help people in need. Please support the youth of our church in this effort to “love our neighbors” by dropping your dollar in the soup pot on February 2. Proceeds will go to the Rocky River Assistance Program.



### Pancake Supper benefits summer youth mission trip

Mark your calendars now for Tuesday, February 25. From 5:00 -7:00 pm, our middle and high school youth groups will be hosting a pancake supper to help fund their summer mission trip to Sheboygan, WI. Join us for delicious pancakes and all the fixings! Tickets will be available on Sundays following worship as well as at the door. For more information, see Lisa Watts.

### Middle School Fellowship Retreat February 29 - March 1 at Camp Aldersgate

**Attention all 6<sup>TH</sup>-8<sup>TH</sup> graders:** Don't miss out on our annual retreat on March 2-3. We will be travelling to Camp Aldersgate, near Carrollton. Cost for the retreat is \$40 and includes lodging and meals at the camp. Scholarships are available based on need-please see Lisa Watts for more information. This promises to be a great weekend-you don't want to miss this one! Registration forms are available in the Education office.



tion forms  
Christian

for boys and girls finishing 6<sup>th</sup> thru 12<sup>th</sup> grades

### Youth mission trip heads to Wisconsin this June

**Kids: can you saw a board? Paint a ceiling? Repair a fence? Install a handrail? Cut down a tree? Hammer a nail?**

You never know what kind of skills you'll learn on our summer youth mission trip. Led by our pastor and deacon Tracey Kirchner, you'll travel to Sheboygan, Wisconsin (“the Bratwurst Capital of the World!”) from **Sun., June 21 until Sat., June 27**. You'll stay in an air-conditioned facility (probably a public school or church). You'll have hot showers and sleep on cool floors. You'll enjoy yummy meals served cafeteria-style. Daily devotions. Recreation and free time. Make friends with kids from many kinds of churches from all over the USA.

Each day you'll work with other kids to help elderly residents still living in their homes who are unable (physically or financially) to perform repairs and maintenance. You'll do exterior painting, build porches and wheelchair ramps, and general work on the property. Group Mission Trips does a great job organizing these work camps; that's why we're working with them again.



**Parents: sign up your child now.** The “list price” is \$475 but fundraising activities will bring that cost way down. A \$50 deposit holds a spot for your child.

—Christian Education & Mission Committees

Share your talents, interests, experience

### True or False: “You can help a church committee or program only if you're a deacon or elder.”

Some churches say you can't be elected as a deacon or elder unless you've been a church member for years and years.

Not here.

Some churches say you can't lend your expertise and talent with a church committee, program or ministry unless you've been elected to a church board.

Not here.

At RRPC, our programs and committees always look to use peoples' talents and expertise, regardless of whether they've been elected to a church board.

- Interested in helping plan church social events?
- Have experience with financial management?
- Want to help inspire hearts for stewardship of God's gifts?
- Like to host our Coffee Hour from time to time?
- Interested in how to enhance the worship experience?

See someone doing what interests you? Tell them you'd like to learn more, or just speak with the pastor. We don't want to let your skill and interest go to waste!

—Dr. Fancher



## PRESBYTERIAN WOMEN

### Semi-Circle

Semi-Circle will meet on **Monday, February 10<sup>th</sup> at 12:00 p.m.** at the Church. If you have questions you may contact Carolyn Watilo 440-799-4779 or Nancy McGillicuddy 440-724-1738. Newcomers are always welcome!

### Priscilla Circle

Priscilla Circle will meet on **Thursday, February 20<sup>th</sup>** at 7:00 p.m. in the West Room. All are welcome! If you have any questions you may contact Gretchen Koch or Sara Gresh.

### Expressions of Faith

Our group will meet **Tuesdays, February 11<sup>th</sup> and 25<sup>th</sup>** at 9:30 a.m. in Room D-3,4. We welcome anyone who knits or just enjoys a cup of coffee with friends. For more information contact Mary Murphy (440-785-8614)

### Women of Grace

Are you looking for a chance to get together with other women for Bible study, fellowship, and mission? Then please join us, we will meet on **Tuesday, February 25<sup>th</sup>** at 7:00 p.m. in D-3,4. We will be deciding on a Bible study for this coming year. If you have any questions you may contact Lisa Watts.

### Let the church know about hospitalizations **“We’re sorry—no one told us.”**

Unfortunately, sometimes that’s what we have to say when the pastor or parish nurse don’t make a hospital visit. Due to privacy laws regarding medical information (commonly called “HIPPA”) the church is not notified when someone is having surgery, is hospitalized or faces some other crisis. Please share joys, concerns and sorrows by telling the pastor or by calling or messaging the church office.



### This month’s “hands-on” mission opportunity **“Village Project” cares for local families dealing with cancer**

- ◆ Collection throughout February
- ◆ Packing event Sat., Feb. 29<sup>th</sup>

When someone in your family is dealing with cancer, having nutritious meals provided to you is an enormous relief and source of encouragement. The Village Project walks alongside their clients during their individual cancer journeys. Village Project provides meals and extended services to individuals and their families dealing with cancer in Avon, Avon Lake, Bay Village, Rocky River and Westlake. Clients receive meals designed with health, healing, and maintaining strength in mind. The food is free of processed sugar, white flour and red meat. Meals are prepared by high school students, under the supervision of adult cooks. Each person in the client family receives three full meals with side dishes and a dessert.

Volunteers (“delivery angels”) check in with the clients each week when delivering the meals, ensuring their needs are being met or haven’t changed. In addition to meals, weekly deliveries contain a letter detailing the menu and ingredients, cards made by children and signed by those who prepared and packaged the meals that week, and often homemade gifts donated by volunteers. During the summer, vases painted by children hold flowers grown in the organic garden.

Village Project runs on volunteers: adult and student cooks, prep teams, “delivery angels.”

#### **February Collection:**

Items we’re collecting starting Feb. 2<sup>nd</sup> (collection box is in church lobby):

- Healthy non-perishable food (i.e. Granola, protein bars, nuts, popcorn, fruit cups, dried fruit)
- Personal care items (i.e. hand lotion, lip balm, small packs of tissues)
- Family items: (i.e. coloring books, small toys)
- Gift bags to pack the items in
- Blank cards to write notes to clients

#### **February Packing Event:**

So, from 10:00—11:00 a.m. on Sat., Feb. 29<sup>th</sup> “leap over” to the church to help pack the bags and write cards of encouragement to clients!

—elder Kathy Hartzell  
for the Mission Committee



## Healthy Happenings

## ... Notes from the Parish Nurse

Dear Friends and Family,

Greetings! What's the bottom line on the risks of E-cigarettes for kids, teens, and young adults? First, the use of e-cigarettes is not safe for kids, teens, and young adults. Second, most e-cigarettes contain nicotine. Nicotine is highly addictive and can harm adolescent brain development, which continues into the early to mid-20's. Third, E-cigarettes can contain other harmful substances besides nicotine. Fourth, young people who use e-cigarettes may be more likely to smoke cigarettes in the future.

What are e-cigarettes? E-cigarettes are electronic devices that heat a liquid and produce an aerosol or mix of small particles in the air. E-cigarettes come in many shapes and sizes and most have a battery, a heating element, and a place to hold a liquid. Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items. Larger devices such as tank systems, or "mods," do not look like other tobacco products. E-cigarettes are known by many different names. They are sometimes called "e-cigs," "e-hookahs," "mods," "vape pens," "vapes," "tank systems," and "electronic nicotine delivery systems (ENDS)." Using an e-cigarette is sometimes called "vaping" or "JUULing."

How do e-cigarettes work? E-cigarettes produce an aerosol by heating a liquid that usually contains nicotine, flavorings, and other chemicals that help to make the aerosol. The liquid used in e-cigarettes often contains nicotine and flavorings. This liquid is sometimes called "e-juice," "e-liquid," "vape juice," or "vape liquid." Users inhale e-cigarette aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales it into the air. E-cigarette devices can be used to deliver marijuana and other drugs.

Most e-cigarettes contain nicotine, the addictive drug in regular cigarettes, cigars, and other tobacco products. A recent CDC study found that 99% of the e-cigarettes sold in assessed venues in the United States contained nicotine. Some e-cigarette labels do not disclose that they contain nicotine, and some e-cigarettes marketed as containing 0% nicotine have been found to contain nicotine. Nicotine can harm the developing adolescent brain. The brain keeps developing until about age 25. Using nicotine in adolescence can harm the parts of the brain that control attention, learning, mood, and impulse control. Using nicotine in adolescence may also increase risk for future addiction to other drugs. Unfortunately, there is an epidemic of widespread vaping by students in schools, including classrooms and bathrooms.

Flavors and marketing make e-cigarettes appealing to youth. Many e-cigarettes come in fruit, candy, and other kid-friendly flavors. It's important to know that E-cigarette aerosol is NOT harmless "water vapor." The e-cigarette aerosol that users breathe from the device and exhale can contain harmful and potentially harmful substances, including: Nicotine; Ultrafine particles that can be inhaled deep into the lungs; Flavorings such as diacetyl, a chemical linked to a serious lung disease; Volatile organic compounds; Cancer-causing chemicals; Heavy metals such as nickel, tin, and lead. The aerosol that users inhale and exhale from e-cigarettes can expose both themselves and bystanders to harmful substances. It is difficult for consumers to know what e-cigarette products contain. For example, some e-cigarettes marketed as containing zero percent nicotine have been found to contain nicotine.

How can we prevent our children from using e-cigarettes or to help them stop? Talk to your child or teen about why e-cigarettes are harmful for them. Set a good example by being tobacco-free and ensure that your kid is not exposed to the secondhand emissions from any tobacco products, including e-cigarettes. If you use tobacco, it's never too late to quit. Let your child know that you want them to stay away from all tobacco products, including e-cigarettes, because they are not safe for them.

Catherine A. Patton, RN, BSN  
440-333-488 ext 105  
[Parishnurse@riverpres.org](mailto:Parishnurse@riverpres.org)

Source: CDC



### RRPC Member Spotlight

Each month our church randomly puts the spotlight on two members whose birthdays occur during that month. You can see the two of them in the box-frames on the church lobby wall.. Please make a point of greeting these people and wishing them a happy birthday!



## Michelle Behar



1. Profession

Nursing, presently with Quality and Patient Safety at Fairview Hospital

2. Hobbies / Interests

I love to explore new places and cultures, listening to music, and sports. I just started learning to row!

3. Favorite trip you've taken, or where you'd like to go

I have something "favorite" from everywhere I have traveled. I hope to one day go to Italy and Machu Picchu.

4. Why do you worship here at RRPC?

I worship here because of the inspirational services and people! It is an amazing congregation that I am thankful to be a part of.



## Michael Wilson

1. Profession

Junior at Avon High School

2. Hobbies / Interests

I play the cello with my school's chamber orchestra and quartet, and I play the piano. I run cross country and I'm on the Avon High School swim team

3. Favorite trip you've taken, or where you'd like to go





My favorite trip was enjoying time with my younger brother, Sean, and my grandparents while we cruised to Rome, Greece and Turkey.

4. Why do you worship here at RRPC?

I love to worship at RRPC because I get to develop some of my closest relationships with fellow youth as we spend Sunday nights together, attend retreats, and even mission trips and camps. Also, I have been given opportunities to share my love of music with the congregation.



# February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
<p><b>2 Communion / Food Sunday / Insulation—Orination / Souper Bowl of Caring</b></p> <p>9:00 a.m. New leader orientation            10:30 a.m. Worship /Nursery            11:30 a.m. Time of Fellowship            11:35 a.m. Youth/Childrens Choir            11:35 a.m. Youth/Childrens Choir            11:35 a.m. Mission Committee Mtg.</p>	<p><b>3</b></p> <p>7:00 p.m. Christian Ed. Mtg.            7:00 p.m. Women's AA Mtg.</p>	<p><b>4</b></p> <p>8:30 a.m. Three Arts Club Mtg.            4:30 p.m. HR Committee Mtg.            7:00 p.m. Worship Committee            7:30 p.m. Alanon/Alateen Mtg.</p>	<p><b>5</b></p> <p>9:15 a.m. RRPC Staff Mtg.            7:00 p.m. Chancel Choir            7:30 p.m. Men's AA Mtg.</p>	<p><b>6</b></p> <p>8:30 a.m. Senior Men's Bible Study &amp; Breakfast</p>	<p><b>7</b></p> <p>7:00 a.m. Friday morning Men's Group (RR Starbuck's)</p>	<p><b>8</b></p> <p>7:00 p.m. Altered Attitudes AA</p>
<p><b>9</b></p> <p>10:30 a.m. Worship /Nursery            11:30 a.m. Time of Fellowship            11:35 a.m. Youth/Childrens Choir            11:35 a.m. Evang. &amp; Membership Committee Mtg.            7:00 p.m. High / Middle School Fellowship Mtg.</p>	<p><b>10</b></p> <p>12:00 p.m. Semi-Circle Mtg.            6:30 p.m. Daisy Girl Scouts            7:00 p.m. Deacons Mtg.            7:00 p.m. Women's AA Mtg.</p>	<p><b>11</b></p> <p>9:30 a.m. Preschool Committee            9:30 a.m. Expressions of Faith            6:30 p.m. Finance &amp; Memorials            7:30 p.m. Alanon/Alateen Mtg.</p>	<p><b>12</b></p> <p>7:00 p.m. Chancel Choir            7:30 p.m. Men's AA Mtg.</p>	<p><b>13</b></p> <p>8:30 a.m. Senior Men's Bible Study &amp; Breakfast</p>	<p><b>14 Valentine's Day</b></p>  <p>7:00 a.m. Friday morning Men's Group (RR Starbuck's)</p>	<p><b>15</b></p> <p>9:00 a.m. "Hug Me Doll" Project            7:00 p.m. Altered Attitudes AA</p>
<p><b>16</b></p> <p>10:30 a.m. Worship /Nursery            11:30 a.m. Time of Fellowship            11:35 a.m. Youth/Childrens Choir            12:00 p.m. "Hug Me Doll" Project            3:00 p.m. Apollo's Fire Pre-concert            Lecture            4:00 p.m. Apollo's Fire in Concert            7:00 p.m. High / Middle School Fellowship Mtg.</p>	<p><b>17 President's Day</b>  <i>(church office closed)</i></p>  <p>7:00 p.m. Women's AA Mtg.</p>	<p><b>18</b></p> <p>7:30 p.m. Alanon/Alateen Mtg.</p>	<p><b>19</b></p> <p>7:00 p.m. Chancel Choir            7:30 p.m. Men's AA Mtg.</p>	<p><b>20</b></p> <p>5:30 p.m. Preschool Movie Night &amp; Pizza Party            7:00 p.m. PW Priscilla Circle</p>	<p><b>21 ACS Presents: Carol Starre-Knieck, Dramatist / Dorothy Fuldehm</b></p> <p>7:00 a.m. Friday morning Men's Group (RR Starbuck's)</p>	<p><b>22</b></p> <p>7:00 p.m. Altered Attitudes AA</p>
<p><b>23</b></p> <p>10:30 a.m. Worship /Nursery            11:30 a.m. Time of Fellowship            11:35 a.m. Youth/Childrens Choir            11:45 a.m. "To Bail &amp; Back—a Sabbatical Travelogue"            7:00 p.m. High / Middle School Fellowship Mtg.</p>	<p><b>24</b></p> <p>7:00 p.m. Women's AA Mtg.            7:30 p.m. Session Mtg.</p>	<p><b>25 Shrove Tuesday</b></p> <p>9:30 a.m. Expressions of Faith            5:00 p.m. Pancake Supper            7:00 p.m. PW Women of Grace            7:30 p.m. Alanon/Alateen Mtg.</p>	<p><b>26 Ash Wednesday</b></p>  <p>6:30 p.m. Unancel Choir            7:30 p.m. Ash Wednesday Communion Service            7:30 p.m. Men's AA Mtg.</p>	<p><b>27</b></p> <p>8:30 a.m. Senior Men's Bible Study &amp; Breakfast            5:00 p.m. Community Meal</p>	<p><b>28</b></p> <p>7:00 a.m. Friday morning Men's Group (RR Starbuck's)</p>	<p><b>29</b></p> <p>7:00 p.m. Altered Attitudes AA</p>



# “The Pulse”

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February 2020



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