



of Rocky River Presbyterian Church

2 chances to worship each week all summer

8:30 or 10:30 a.m.? Your choice!



From Memorial Day Weekend to Labor Day Weekend, “**Early Worship**” at 8:30 a.m. in **Walker Chapel** joins our customary worship service at 10:30 a.m. in the Sanctuary. The services are the same, though Early Worship is slightly abbreviated—it usually lasts about 35 minutes. That means that shortly after 9 a.m. you can be on your way to the ballpark or golf course, the boat or garden... and you didn’t have to give up the fellowship and inspiration of Sunday worship.

—Worship Committee

7TH and 8TH Grade Confirmation

This is a confirmation year, and any young person in 7th or 8th grade (or older) is eligible to participate. Each youth will be assigned an adult mentor who will meet with them throughout the process of confirmation. There will be a class on Sunday mornings for them—usually the 2nd and 4th Sunday of each month. The young people will also meet periodically with Dr. Fancher and Lisa Watts as a group. This year we will have a one-night confirmation retreat on January 14-15. If you would like your child to participate, please contact Lisa Watts by August 18. The first organizational meeting for youth, parents and mentors will be held on Sunday, September 22, following worship in the West Room.



Tell the church when someone could use a pastoral visit

During the Sabbatical Summer, be sure to notify the Church Office or any staff member or Session elder if you learn of someone who might benefit from a pastoral visit. Elders, deacons, and fellow church members are prepared to make visits in hospitals, rehab centers, etc. In emergencies, the Minister-on-Call for that week can be summoned. **Don’t assume that “someone already contacted the church.”**

All Are Invited!

Sunday August 25

Following the 10:30 a.m. Sunday morning worship please join us for a time of fellowship and learn about a **new mission sewing project**.

Ellen Schickel will introduce the ‘**Hugme Doll**’ project as featured on page 34 of the May/June 2019 Horizons magazine. The dolls that we make will be offered locally to organizations where children are assisted after suffering a traumatic event. Places we are considering are: Laura’s House, The Gathering Place, Rocky River EMS and the Police Dept.

Presbyterian Woman will provide a light lunch. Please add your name to the signup sheet on the bulletin board by the Parlor.



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From Your Pastor

This column
will return
in October

Jon



August Birthdays

August 2	Nancy McGillicuddy David Timmons
August 3	Andrew Brown
August 5	Jennifer Bohannon
August 6	Elizabeth Richmond
August 8	Beatrix Stickney
August 9	Fred Garibaldi
August 11	Gillian Esdon Max Sabolich
August 12	John Schriener
August 13	Layla Bishop
August 15	Eric Watts
August 16	Jim Hauer
August 17	Marc Hustek
August 20	Jane Titus
August 22	Dick Heath
August 23	Ruth Wiedemer
August 24	Laura Sweet
August 26	Thea Steinmetz Josh Hustek
August 28	Audrey Dillon
August 30	Karol Hoeffler Mary Lou Busby

****If your birthday is missing from our birthday list, please contact Office Administrator Crystal Duffield at: info@riverpres.org or (440) 333-4888.**

How does the church know someone's hospitalized? Someone tells us.

Due to privacy laws regarding medical information, the church is not notified when someone is having surgery, is hospitalized or faces some other crisis. Please share joys, concerns and sorrows by telling the pastor or by calling or messaging the church office.



Sanctuary Flowers

Do you have a loved one you would like to honor for a birthday or anniversary. Would you like to memorialize that special person who has passed away? By signing up for a Sunday to provide our sanctuary with flowers you can do this. The cost is only \$30.00 and you may take the flowers with you after our 10:30 a.m. worship service. Your "in honor of" or "in memory" attribution will be listed in our bulletin announcements as well as on the card with the flowers. The sign-up sheet is located on the bulletin board by the Parlor. Please contact Crystal in the church office if you have any questions. 440-333-4888

Pick one program, or all of them!

Usher at an Artist Concert Series program this year

Although the 2019-2020 season won't be announced for a few weeks, plan now to volunteer as an usher at one of this year's programs. All you need to do is arrive 30 minutes beforehand. Your duties include welcoming guests, handing them programs, directing them to restrooms or drinking fountains, and passing an offering plate at intermission.

To volunteer, contact ACS Artistic Director Nancy McGillicuddy at nmack@hotmail.com, or the Church Office.

Easier for you & RRPC

You don't have to write that check

How many monthly payments do you make electronically?

Did you know you can add your monthly church offering to the list—you can save the time and trouble of writing your offering check every month, and you won't have to wonder, "Did I remember to make that gift?"

Our Financial Secretary Dave Wolfe can assist you with setting up a monthly Electronic Fund Transfer from your bank account directly to the church. It's secure, easy and free:

- ⇒ Only one simple form to fill out
- ⇒ No fees to pay
- ⇒ You can adjust or stop the EFT at any time just by calling the church.

Questions? Want to get started? Email or call our Financial Secretary Dave Wolfe at (440) 333-4888 or dwolfe@riverpres.org.

—Stewardship Committee

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Adult Education Starts a New Year

Are you interested in a little something “extra” on Sunday mornings? Do you want to dig a little deeper into your faith? Make plans to join us for Sunday morning adult education classes. We will start meeting on Sunday, September 8 at 9 in the West Room, and meet most Sundays through May.

We have an exciting line up of leaders and topics so be sure to watch your Pulse each month for specific information. Be sure to check us out for fellowship and a cup of coffee!



Middle School / High School Fellowship Groups Begin the Year in September

Both middle school and high school fellowship groups will start off their year with meetings on Sunday, September 8 from 7:00-8:30 pm. Each group will meet almost every Sunday evening through the year and will often have combined meetings for special projects and events.. Watch the CE bulletin board for a calendar and updates on events. This promises to be a great year!

Watch for new and exciting fellowship information to come in your September Pulse! Your fellowship advisors have been hard at work this summer, putting together an exciting year for all youth. We will be making some significant changes to our middle school program as well as adding activities to our high school program.

Retreat dates have already been set for this year-get them on your calendars NOW so your kids can have a wonderful camp experience.

High School retreat will be November 8-10
Middle School retreat will be February 29- March 1

Storytellers Wanted! No Experience Required

During our weekly worship this past year, you may have noticed that each week held a small time just for the children of our church to hear a special story. Maybe you thought that you might like to give that a try. Well, now is the time to speak up! The storytelling schedule is being put together for the new program year, and we would love to have your voice share a story! No experience required- you will get a brief outline of the story and the main point. It takes about two minutes to share. If you are interested in getting on the schedule, contact Lisa Watts.



A minute for mission

AUGUST MISSION PROJECT
July 28 through August 18

Operation Backpack®

Operation Backpack®, sponsored by the **Volunteers of America**, brings together communities and generous hearts to collect brand new backpacks filled with school supplies. The backpacks are shared with homeless and at-risk children throughout the greater Cincinnati, Cleveland, Columbus, and Indianapolis regions. The Mission Committee is asking for your help this month to fill as many backpacks as we can!

Please bring your **NEW, UNUSED** donations to church on July 28, Aug. 4, 11 or 18.

WHAT ITEMS CAN I DONATE?

- | | |
|------------------|------------------|
| A new backpack | Basic calculator |
| Spiral notebooks | Colored pencils |
| Paper | Pencil sharpener |
| Glue sticks | Markers |
| Glue | |
| Eraser | |
| Ruler | |
| Folders | |
| Binder, 3-ring | |
| Scissors | |
| Tissues | |
| Crayons | |
| Pencils, #2 | |

*ADDITIONAL FOR HIGH SCHOOL:

- *Dictionary
- *Protractor
- *Highlighters
- *Pens
- *Subject Dividers
- *Graph Paper



CAN I FILL THE BACKPACK MYSELF?

Yes, if you'd like to fill a new pack with as many of the supplies listed above, great! Just include a list of what supplies you included and put the list inside the backpack.

Otherwise, just place your empty pack and supplies in the collection box and the Mission Committee will take care of filling the packs before we send them to the Volunteers of America.

QUESTIONS? Contact Nancy Buettner at nbuettner@me.com or 216-215-7076.

Additional information at: <https://www.voahin.org/operationbackpack>



PRESBYTERIAN WOMEN

Semi-Circle

Semi-Circle will meet on **Monday, August 12th** at **11:30 a.m.** at the Metro Park Restaurant - Nelly Belly. We will be meeting here for our meetings for the summer. If you have questions you may contact Carolyn Watilo 440-799-4779 or Nancy McGillicuddy 440-724-1738. Newcomers are always welcome!

Priscilla Circle

Priscilla Circle will meet on **Thursday, August 15th** at 7:00 p.m. in the West Room. All are welcome! If you have any questions you may contact Gretchen Koch or Sara Gresh.

Expressions of Faith

Our group will meet **Tuesdays, August 13th** and **27th** at 9:30 a.m. in Room D-3,4. We welcome anyone who knits or just enjoys a cup of coffee with friends. For more information contact Mary Murphy (440-785-8614).



Trash & Treasure is Coming! Saturday October 5

RRPC's annual HANDS ON mission project!

Did you know that last year your volunteer hours enabled RRPC Presbyterian Women to donate \$4,600.00 to Presbyterian Disaster Assistance and \$1,000 to the youth of RRPC to assist with expenses for Triennium.

You can help with this years' Trash & Treasure NOW

- *Save dry, clean blue plastic grocery bags for the bag sale
- *Save your stuff - drop off day is **Sunday Sept. 22**
- *RIGHT NOW - **mark your calendar** to VOLUNTEER for unpacking and sorting items for an hour or two between Sunday Sept. 29 and Thursday Oct. 3 - day and evening hours.
- *Mark your calendar for a volunteer spot on the day of our sale - **Saturday October 5.**

One mans
trash is
another
mans
Treasure

An Invitation to Women of RRPC and Friends to read the book

"Strange Gods: Unmasking the Idols in Everyday Life" by Elizabeth Scalia

**Book Discussion will take place on
Saturday, November 16, 2019
at 10:00 a.m. in the West Room**

Coffee and Pastry will be provided.

The book can be purchased in retail stores and through Amazon or Better World Books. The Clevelnet library site lists copies available. Participants are responsible for obtaining their own copy.



AUGUST 2019 LIBRARY LINGO

Mary Schulz, Librarian

DISPLAYS:

New books

NEW ITEMS FOR ADULTS:



Fiction:

3 MITCH ALBOM BOOKS:

The Five People You Meet in Heaven

FIC ALB

On his 83rd birthday, Eddie dies in an accident trying to save a little girl. With his final breath, he feels two small hands in his, and then nothing. He awakens in the afterlife, where he learns that heaven is not a lush Garden of Eden, but a place where your earthly life is explained to you by 5 people who were in it.

For One More Day

FIC ALB

If you had the chance to go back and fix what you did wrong in life, would you take it? And if you did, would you be big enough to stand it?

The Time Keeper

FIC ALB

The inventor of the world's first clock is banished for eternity for trying to measure God's gift. Eventually Father Time is granted his freedom with a mission: to redeem himself by teaching 2 earthly people the true meaning of time. To save himself, he must save them both and stop the world until he succeeds.

The Gift

FIC ROG

In this short story by Kenny Rogers, the gift was an old Brownie camera and a message from a dying man: "Where there's future, there's hope." Now those words and the mysterious photos from the camera were haunting Russell. What hope could there be? He had nothing but despair.

Nonfiction:

Just a Sister Away: A Womanist Vision of Women's Relationships in the Bible

220.92 WEE

This book sheds light on the relationships of biblical women in new ways that connect women today across class, culture, race, and time.

The Women of Genesis: From Sarah to Potiphar's Wife

222.1109 PAC

The women featured in Genesis play crucial roles in the developing story line of Israel's origins.

Surprised by Joy : The Shape of My Early Life

248 LEW

C.S. Lewis recounts his search for joy, a spiritual journey that led him from a traditional Christian childhood in Belfast to a youthful atheism and, finally, back to a confident Christianity. He describes his early schooldays, his experiences in the trenches during WWI, and his life at Oxford, where he reasoned his way back to God..

Imaging the Word

263.9 LAW

This beautifully designed book, portraying some of the world's finest art, blends lectionary readings-biblical passages arranged to be read within churches over a three-year period- with thoughtful and engaging images and writings for each Sunday and celebration of the church year.

A Child Shall Lead Them: Lessons in Hope from Children with Cancer

362.1 KOM

Physician-author uses tender stories of her work with children who have cancer to illustrate timeless biblical truth. She shows how medicine, science, and biblical faith are compatible.

HAPPY READING AND VIEWING!!

(All descriptions have been taken from book jacket, title page verso, or review article)

Healthy Happenings

... Notes from the Parish Nurse

Dear Friends and Family,

How do vaccines work? Vaccines provide immunity from disease for example; when the disease germs enter your body, your immune system goes to work. It does three important things:

- It recognizes the disease germs as not belonging in your body – as being “foreign invaders.”
- It responds by producing proteins called antibodies, which help destroy these germs. *Unfortunately, these antibodies can't act quickly enough to stop you from getting sick.* But by eliminating the germs, they help you get well.
- It remembers the germs that made you sick, and if they ever try to infect you again – even after many years – your immune system will come to your defense again but now they can stop the invading germs before they can make you sick. This is immunity. It is what keeps you from getting sick from diseases like measles or chickenpox a second time, no matter how often you are exposed to them. In other words, the first time you are exposed to a disease, your immune system won't stop you from getting sick, but it will help you recover and make you immune to that disease if you are ever exposed to it again.

To break it down, once a person is vaccinated with a killed or weakened disease germ, their immune system will go to work. It recognizes the vaccine germ as not belonging in your body or as being “foreign invaders.” It responds by producing antibodies, the same as if you had been exposed to the disease. Except, the germs in the vaccine are weakened or killed, so they won't make you sick. However, you will still develop immunity, just as if you had gotten sick from the actual disease. So, if germs from that disease ever do try to infect you, your immune system will come to your defense and stop them from making you sick. In other words, getting a disease or getting a vaccine can both give you future protection from that disease. The difference is that with the disease you must get sick to get that protection. With the vaccine you don't.

How Safe Are Vaccines? This is a question that naturally worries any new parent. No matter how good vaccines are at preventing disease, no matter how much they have reduced diseases over the years, no matter how many lives they have saved, what if they can harm your baby? Here are some basics:

- Can vaccines harm my child? Any medicine can cause a reaction, even aspirin. Vaccines are no exception.
- Will vaccines harm my child? Probably not. Many children never have a reaction to a vaccine. For those who do, most reactions will be minor such as a sore leg, a slight rash, or a mild fever that goes away in a day or two. Some children have more serious reactions like a high fever, chills, fussiness, or muscle aches. One of the scariest of these reactions is called a *febrile seizure*. This is a seizure, or convulsion, caused by a high fever. During a febrile seizure a child might shake uncontrollably, become unresponsive, or even lose consciousness. About one child in 25 will have at least one febrile seizure, usually between 6 months and 3 years of age. Any high fever, regardless of the cause, can trigger a febrile seizure, including a fever associated with a vaccination. Febrile seizures look serious, but fortunately they almost never are. Children recover with no lasting effects. Rarely, a child will have a truly serious reaction, like encephalopathy (brain infection) or a severe allergic reaction. These are the scary possibilities that make some parents think that it might be better not to vaccinate their children.

Clearly, vaccines may cause discomfort, side effects and there is a very small risk that it could cause a serious problem. However, vaccines will also protect your children from more than a dozen potentially serious diseases. The benefits of vaccinating your child also extend to other children who fail to develop immunity from vaccines. There are also children who can't get certain vaccines for medical or other reasons, and babies who are too young to be vaccinated. These children rely on the immunity of people around them to protect them from infectious diseases. The more children in a community who are vaccinated, the harder it is for a disease to spread.

Years ago, smallpox was one of the deadliest diseases the world has ever known, killing 300 million people in the 20th century alone. However, as millions of children and adults got vaccinated over the years, the disease began to disappear until finally, in October 1977, only one person on Earth had smallpox. When he recovered, smallpox was gone, and there was hope that it would never kill another baby. In the United States where disease rates are very low, your child's risk of getting one of these diseases may also be very low. Unfortunately, one infected traveler from another country could set us back 50 years if our own population wasn't protected. Even a few cases of a contagious disease in a vulnerable population could touch off a major outbreak. Therefore, when you get your child vaccinated, you are not just protecting them, you are also protecting their friends and schoolmates and their families, and her children, grandchildren, and future generations.

Catherine A. Patton RN, BSN
440-333-4888 ext: 105
Parishnurse@riverpres.org

Source: CDC



RRPC Member Spotlight

Each month our church randomly puts the spotlight on two members whose birthdays occur during that month. You can see the two of them in the box-frames on the church lobby wall.. Please make a point of greeting these people and wishing them a happy birthday!



Marc Hustek



1. Profession
Realtor - Howard Hanna
2. Hobbies / Interests
Golf, walking, any Cleveland sports! Oh, dare I say it? - Shopping!
3. Favorite trip you've taken, or where you'd like to go
We have had many great places visited - however, I feel that Cancun was one of the best places I've been
4. Why do you worship here at RRPC?
The feeling of caring and family that RRPC has given me over my 28 years of being a member



Jen Bohannon



1. Profession
Registered Nurse
2. Hobbies / Interests
Camping, singing, swimming
3. Favorite trip you've taken, or where you'd like to go
I love going on camping trips with my son's Boy Scout Troop
4. Why do you worship here at RRPC?
When we first moved to Ohio from Massachusetts, I was looking for a church similar to my church back home. I tried a couple different ones, but this church was the most welcoming. The people here make you feel like you are part of a family.

“The Pulse”

the monthly newsletter of

Rocky River Presbyterian Church

August 2019



Rocky River Presbyterian Church

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