

# The Pulse June / July 2019



of Rocky River Presbyterian Church

**SAVE THIS PAGE ALL SUMMER!**

## Sabbatical Summer Info Sheet

♪ *"We are the church together!"* ♪

### Sabbatical Summer begins for pastor, congregation this month

By now you know that the Session has granted our pastor a sabbatical period for 13 weeks this summer. On Sun., June 9 (both services) worship will conclude with a ceremonial "send-off." The Rev. Sharon Core, General Presbyter for the Presbytery of the Western Reserve, will join Jon in worship that day to encourage us all to enjoy this summer of innovation.

#### Guest Preachers

One of the most exciting dimensions of the Sabbatical Summer will be hearing from various members of our church who will be our "guest preachers" at both 8:30 and 10:30 a.m. each week.

- \* June 16: **Dave Hensel**
- \* June 23: **Kathy Hartzell**
- \* June 30: **Lisa Watts**
- \* July 7: **Kathy Hartzell**
- \* July 14: **Emma Poole**
- \* July 21: Youth recently returned from National Presbyterian Youth Conference ("Triennium")
- \* July 28: **Bill Knoble**
- \* Aug. 4: **Jan Hart** (wife of Jon's recently-deceased friend and colleague, the Rev. Dr. Al Hart. Jan will share a sermon that Al wrote but never preached.)
- \* Aug. 11: **Elizabeth Richmond**
- \* Aug. 18: **Marc Hustek**
- \* Aug. 25: **Russ Carson**
- \* Sept. 1: **Becky (Weber) Ahren**
- \* Sept. 8: **Kevin Watts**

#### Elders-on-Call

Session elders will be "on-call" each week (Monday through Sunday) of the Sabbatical Summer. If you have any questions, concerns or pastoral needs, don't hesitate to contact them.

- June 10-16: **Jim Flynn** (216-272-3139)
- June 17-23: **Dan McKenzie** (440-227-3353)
- June 24-30: **Brenda Peterson** (216-798-2365)
- July 1-7: **Kathy Hartzell** (440-623-9366)
- July 8-14: **Eric Watts** (440-781-7448)
- July 15-21: **Marc Hustek** (216-374-4882)
- July 22-28: **Dan McKenzie** (440-227-3353)
- July 29-Aug. 4: **Bill Bishop** (440-331-8090)
- Aug. 5-11: **Greg Ahren** (216-401-9168)
- Aug. 12-18: **Bill Knoble** (216-214-3431)

- Aug. 19-25: **Bill Knoble** (216-214-3431)
- Aug. 26-Sept 1: **Ellen Schickel** (440-724-7056)
- Sept. 2-8: **Dan Poole** (216-577-7767)

#### Ministers-on-Call

Jon's minister colleagues have agreed to be on-call for emergencies each week through the Sabbatical Summer. The Church Office or Elder-on-Call will contact that week's Minister-on-Call when needed.

#### Lay pastoral visitors

If you would like to be a layperson volunteering to make pastoral visits, please contact the Church Office for more information.

#### Jon's return

The Sabbatical Period ends on Sun., Sept. 8. Jon returns to the office on Mon., Sept. 9 and will lead worship on Sun., Sept. 15.

#### Save the date

The Sabbatical grant Jon received from the Lilly Endowment includes funds to provide a "reconnection event" after the sabbatical period. This church-wide social event will occur **Sat., Oct. 19 from 4-8 p.m.** Everyone is invited to an afternoon at Beulah Beach Camp & Conference Center in Vermilion. A free picnic will be provided, then we'll gather around a campfire to share "Sabbatical stories"—your experiences from the Sabbatical Summer, and some of Jon's impressions from his travels.

### 2 chances to worship each week all summer **8:30 or 10:30 a.m.? Your choice!**

From Memorial Day Weekend to Labor Day Weekend, "Early Worship" at 8:30 a.m. in Walker Chapel joins our customary worship service at 10:30 a.m. in the Sanctuary. The services are the same, though Early Worship is slightly abbreviated—it usually lasts about 35 minutes. That means that shortly after 9 a.m. you can be on your way to the ballpark or golf course, the boat or garden... and you didn't have to give up the fellowship and inspiration of Sunday worship.



—Worship Committee

**From Your Pastor**

**Ahead: unexpected delight**

Half-full or half-empty? You know the debate: how does one look at the world? An optimist, it's said, would state that a partially-filled glass is half-full, while a pessimist would say that it's half-empty. (I believe it was comedian George Carlin who remarked, "I say the glass is twice as big as it needs to be.") How do you choose to look at the glass? What's your "default interpretation?"

As our church enters this Sabbatical Summer, the frame of mind you bring to it will have a big influence on how you experience the time.

Imagine someone who sighs and moans, "Oh, it will all be so different.... How will the church manage without the pastor around...? How can I get anything out of a different church member being our "guest preacher" each Sunday?" A person choosing to have that kind of pre-determined, closed, negative mindset almost guarantees that they'll be disappointed by their experience of the Sabbatical Summer.

On the other hand, someone who smiles and eagerly looks forward to the novelty of having fellow church members in the pulpit sharing from the heart, and who trusts that their fellow church members will work together to care for one another, and who knows they have a talented church staff they can rely on... a person with that mindset will find the Sabbatical Summer to be energizing, insightful, even exciting. For them, "the glass is *more* than half-full!"

The Sabbatical Summer is an experience intended for you as much as it's for me. Yes, I am the one who is being granted the privilege of a period of release from the demands and responsibilities of parish ministry. But it's our congregation that's being blessed with a rare opportunity. Think about it: usually, the only time a congregation steps up to fill pastoral roles is when a minister has moved on and the church is without a pastor. You can imagine what that would be like: a time filled with anxiety and stress, with many "unknowns" looming on the horizon.

But in our case, this Sabbatical Summer gives RRPC the benefit of "shared responsibility" with the assurance that this period is just temporary—13 weeks to be exact. In that 13 weeks you will (re-)discover uplifting qualities about this congregation that you may have taken for granted:

- The wisdom and insight to be gleaned from your fellow members as they move from the pew to the pulpit for a Sunday;
- The attentiveness you show to one another as you strive to care for each other's spiritual and emotional and physical needs;
- The pride you have in being part of a church characterized by peace, unity ("one in Christ"), hope, and confident trust in God's grace and mercy.

This Sabbatical Summer will not feature a "slowdown" that's common to many churches at this time of year. No, as you look around you, you'll see a congregation that's actively living into the "desired outcomes" that we've identified as our path to vitality and renewal, namely:

- 1) An inclusive, engaging community of faith
- 2) Vibrant participation in worship and mission
- 3) An environment that bridges generations
- 4) A Christian voice advocating for justice
- 5) Faithful stewardship of God's resources for future generations

(For more about these "desired outcomes" see the article on "Focusing our energies" elsewhere in this issue.)

Yes, Easter is behind us for this year, but there's a part of the story that captures the sense of "unexpected delight" which will characterize this Sabbatical Summer.

As the Gospel of John tells it, Mary Magdalene remains standing outside the empty tomb, not knowing what she should do next. She looks inside and sees two angels sitting where Jesus' body had been, then she turns around and sees a man standing there. She assumes he must be the cemetery's gardener until he calls her by name and she recognizes Jesus resurrected from death to life. Jesus sends her to the other disciples, where she tells them what happened to her—an encounter that she never could have imagined: she told them, "I have seen the Lord!"

As you go through this Sabbatical Summer, I understand that you might be just a little uneasy, not knowing exactly what to expect. True, some of your experience will be different:

- hearing different voices from the pulpit;
- perhaps receiving pastoral care from a minister you've not met before.

But much of your experience this summer will be familiar:

- worshiping in the comfort of the sanctuary or chapel;
- fellowship with friends who, because of Christ, are like sisters or brothers to you;
- Making the small but transforming effort to become acquainted with fellow members whose faces you know but whose names you don't;
- embracing a rhythm of life that is established each week by engaging in sabbath rest and worship.

At the start of the Sabbatical Summer you may feel like Mary Magdalene standing outside the empty tomb, not quite sure what to do next. But I am quite confident that by this fall you will have been pleasantly surprised to find that the Sabbatical Summer produced "unexpected delights":

- A new appreciation for the spiritual gifts of your fellow members;
- A new energy for reaching out to those seeking a church to call "home";
- A re-discovery that the true work of the church belongs to the people, not merely to a pastor.

Mary Magdalene told the disciples with astonishment and delight, "I have seen the Lord!" Similarly I can imagine that after the Sabbatical Summer you will tell me, "We have seen the power of the Spirit in our church!"

See you on Sunday, June 2 and June 9... and then again on September 15!



**The Sabbatical Summer is an experience intended for you as much as it's for me.**



June Birthdays

July Birthdays

June 1 Dianne Russell  
Heidi Fredrickson  
June 4 Jim Doan  
Jill Myers  
June 5 Matthew Pedone  
June 7 Crystal Duffield  
Bill Bishop  
Amanda Heierding  
June 8 Pat Kaye  
Dan Poole  
June 10 Bill Nelson  
Christiano Mahfouz  
June 11 George Gecik  
June 12 Bill Knoble  
Molly Ward  
Dave Carney  
Charlotte Roche  
June 13 Konrad Katterle  
Sammy Bohannon  
June 16 Tracey Kirchner  
June 19 Carol Lewellen  
Emmaline Purohit  
June 20 Jeff Stohr  
June 21 Jon Fancher  
June 22 Chuck Erml  
June 23 Jo Naretto  
June 25 Austin Guetling  
June 26 Terri Yeckel  
June 27 Jacob Wilson  
June 28 Mindy Harrison  
Matt DeWerth  
June 30 Annette Oberst

July 1 Nancy Clash  
Anne Busher  
Bob Beer  
Kim Matile  
Eleanor Zinda  
July 2 Claudia Roche  
Liam Fritz  
Kathy McKenzie  
July 4 Trevor Prudhoe  
July 5 Addison Mach  
July 6 Sam Kirksey  
July 9 Thom Dillon  
July 10 Nigel Mach  
July 11 Bill Kirksey  
July 12 Glen Loeffler  
Bryan Watts  
July 13 Adrina Niederst  
Paula Clark  
July 14 Carolyn Watilo  
MaryCait Russell  
Evan McGorray  
AJ Stavole  
July 15 Nancy Daniel  
JJ (Joel) Solak  
July 16 Denise Fresenko  
Shea O'Flaherty  
July 18 Lisa Watts  
Mia Carney  
Owen Nowlin  
July 20 Deborah Kennedy  
July 21 Helen Sakai  
July 23 Joe Lavelle  
July 25 Oliver Pedone  
July 27 Michelle Fritz  
July 29 Diane Beer  
July 30 Elizabeth Harrison  
July 31 Emily Zinda

**\*\*If your birthday is missing from our birthday list, please contact Office Administrator Crystal Duffield at: [info@riverpres.org](mailto:info@riverpres.org) or (440) 333-4888.**



Dear Members of the Rocky River Presbyterian Church,

Thank you for all the prayers that were said for me during my surgeries last month. It was good to know I had you supporting me.

Russell McGillicuddy

**Sanctuary Flowers**

Do you have a loved one you would like to honor for a birthday or anniversary. Would you like to memorialize that special person who has passed away? By signing up for a Sunday to provide our sanctuary with flowers you can do this. The cost is **only \$30.00** and you may take the flowers with you after our 10:30 a.m. worship service. Your "in honor of" or "in memory" attribution will be listed in our bulletin announcements as well as on the card with the flowers. The sign-up sheet is located on the bulletin board by the Parlor. Please contact Crystal in the church office if you have any questions. 440-333-4888

## Get your car washed for a great cause!

Bring your dirty cars and vans to church on Sunday, June 23 and get them cleaned up for a cause! Our combined youth fellowship groups will be holding a car wash to help fund the youth attending Presbyterian Youth Triennium at Purdue University in July. We will begin at 9:15 am so you can come after the 8:30 service or before or after the 10:30 service. We will stay after worship as long as we have cars to wash. Suggested donation is \$8.



## 7<sup>TH</sup> and 8<sup>TH</sup> Grade Confirmation

2019-20 is a confirmation year, and any young person in 7<sup>th</sup> or 8<sup>th</sup> grade (or older) is eligible to participate. Each youth will be assigned an adult mentor who will meet with them throughout the process of confirmation. There will be a class on Sunday mornings for them—usually the 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month. The young people will also meet periodically with Dr. Fancher and Lisa Watts as a group. This year we will have a one-night confirmation retreat. If you would like your child to participate, please contact Lisa Watts by August 15.



## Emma Poole to be recognized this fall RRPC youth receives state award

Emma Poole, a rising senior at Lutheran West High School, has been chosen by the Ohio Educational Library Media Association (OELMA) as one of just four high school students in the state of Ohio to receive the "Read On, Ohio!" Award. Emma and the other "Read On, Ohio!" Award recipients will be honored at a ceremony in Columbus this fall.



Emma was nominated by the school's librarian because "Emma loves to 'talk books' and that she embodies Margaret Fuller's quote, 'Today a reader, tomorrow a leader.'" Emma has been an active member of Lutheran West's Book Club for her three years thus far and has done so while simultaneously serving on Student Council, taking a rigorous course load, and playing sports.

## Summer camp information available

Lisa Watts still has information on several excellent Christian camping opportunities for kids of all ages. See her for more information or to pick up camp flyers



## Wanted: Office Volunteers



During Jon's sabbatical this summer, we will need volunteers to help cover the office when office administrator Crystal Duffield takes vacation. Her plans are not yet finalized but it will be around the middle of July for 8 days, no Fridays (church office is closed on Fridays for summer). Volunteers can work either one full day, or a half day. Duties include answering the phone, buzz visitors in, sorting the mail, etc. If you will be available anytime during the two-week period, there will be a sign-up sheet in the office. As soon as we know the exact dates, we will set up the final schedule. If you have questions, contact Russ Carson at [carsonhv@cox.net](mailto:carsonhv@cox.net) or 440-333-4586.

## How does the church know someone's hospitalized? Someone tells us.

Due to privacy laws regarding medical information, the church is not notified when someone is having surgery, is hospitalized or faces some other crisis. Please share joys, concerns and sorrows by telling the pastor or by calling or messaging the church office.



## Zack & Jayne Hoon's church-wide invitation: Please join us for the 4<sup>th</sup> of July!

All RRPC members: please join us as we open our home and yard to our church family to celebrate the 4<sup>th</sup> of July! Party starts at 6:00 PM. We live at 1465 Queen Anne's Gate in Westlake. (Be prepared for street parking and walking several blocks!)



We'll have burgers, hot dogs and fixin's and some basic picnic beverages. Feel free to bring something to share (*if there's no potluck it ain't Presbyterian*) and your favorite "party beverage" if you like.

We live right on Clague Park where the City of Westlake will put on an impressive 45-minute fireworks show starting at 9:15 PM. Bring a blanket or folding chairs and walk over with us to enjoy the show!

Though ours are grown, we welcome children. No pets, please. We do have two protective dogs who will not be permitted into the festivities.

If you can attend, **please RSVP** via email: [zackaryhoon@gmail.com](mailto:zackaryhoon@gmail.com) or [jaynehoon@gmail.com](mailto:jaynehoon@gmail.com).

We're hoping it doesn't happen, but, in case of inclement weather we might need to postpone.

—Jayne & Zack Hoon

**MISSION:  
POSSIBLE**

## A minute for mission

The mission committee kicked off 2019 with a focus on trying many new mission activities, aligned with RRPC's goals and objectives. In an effort to address some areas of opportunity that we identified with the vitality & renewal team in late 2018, we decided to select a monthly mission focus for each month of 2019.

**Over the past five months, we've done a lot!** And we have to thank the congregation for their support and involvement. In January, we **collected over 170 items for Cleveland's homeless population** via the Community West Foundation's Sock-sPLUS initiative. In February, we **packed over 65 care packages for local cancer patients and their families** in support of the Village Project (an alternative Christmas charity bazaar charity). We also **packed 40 healthy snack packs to distribute to our community meal guests** as a nice take home treat. In March, we **organized & packaged 100s of snack/food items for local children in need**, distributed by their school via the Cleveland Food Bank. During the month of April, we **hosted a toy and household item collection for families struggling with serious medical issues and collected over 150 items**, supporting the Ronald McDonald House of Cleveland. In May, we **created appreciation cards and collected healthy snacks for Rocky River's first responders** in honor of Memorial Day. We also **hosted our quarterly community meal on May 30<sup>th</sup>** thanks to our faithful volunteers, led by Susan Penning.

### June Mission Focus

During the month of June, we will be collecting our annual special offering to benefit North Church on Cleveland's east side. In the past, we have sent volunteers to assist with the community meal that North Church serves, but we have determined our physical support is no longer needed for this program due to the number of volunteers North Church receives each summer from local churches. Instead, we will be supporting the City Mission's Homeless Stand-In on Saturday June 29<sup>th</sup> by sending all interested RRPC members and their friends / family down to Public Square (in downtown Cleveland). The homeless stand-in is meant to raise awareness for the 3,000+ students in the Cleveland Metropolitan School District who experienced homelessness at some point during the previous school year. Look for more information in the mission area next to the display case in the lobby, during the month of June.

**Please make a special "Mission Gift" for North Presbyterian Church anytime in June**

### July Mission Focus

We will be collecting supplies and thank you postcards to send to the US military men and women serving overseas via Support Our Troops. More information will be provided during the month of July in the mission area next to the display case (in the lobby). For more information, contact Eric Watts (ewatts610@gmail.com).

For more information on upcoming mission events, visit the mission wall across from Dr. Fancher's office. If you have any questions or suggestions, please reach out to me!

Matt Pedone  
Mission Committee Chair  
matthew.r.pedone@gmail.com  
440-590-3641



**PRESBYTERIAN  
WOMEN**

### Semi-Circle

Semi-Circle will meet on **Monday, June 10<sup>th</sup>** and **Monday, July 8<sup>th</sup> at 11:30 a.m.** at the Metro Park Restaurant - Nelly Belly. We will be meeting here for our meetings for the summer. If you have questions you may contact Carolyn Watilo 440-799-4779 or Nancy McGillicuddy 440-724-1738. Newcomers are always welcome!

### Priscilla Circle

Priscilla Circle will meet on **Thursday, June 20<sup>th</sup>** and **July 18<sup>th</sup>** at 7:00 p.m. in the West Room. All are welcome! If you have any questions you may contact Gretchen Koch or Sara Gresh.

### Expressions of Faith

Our group will meet **Tuesdays, June 11<sup>th</sup> and 25<sup>th</sup>** and **July 9<sup>th</sup> and 23<sup>rd</sup>** at 9:30 a.m. in Room D-3,4. We welcome anyone who knits or just enjoys a cup of coffee with friends. For more information contact Mary Murphy (440-785-8614).

### Women of Grace

Please watch your bulletin to find out about the June, off-site Meeting for Women of Grace.

**Focusing our energies****Session efforts focused on Vitality and Renewal “desired outcomes”**

A little over a year ago our congregation embarked on an initiative to bring vitality and renewal to our ministries, our life together, our mission to the community and the world. A “Vitality & Renewal Team” led the congregation in various exercises that enabled the team to distill our sense of God’s call for our congregation into five desired “outcomes,” that is, “What will we become if we are to be the kind of church God is calling us to be?” Those five outcomes are:

- 1) **An inclusive, engaging community of faith**
- 2) **Vibrant participation in worship and mission**
- 3) **An environment that bridges generations**
- 4) **A Christian voice advocating for justice**
- 5) **Faithful stewardship of God’s resources for future generations**

With that focus, the Session’s committees have developed goals for 2019 intended to support one or more of those desired “outcomes.” (Naturally, not every committee or every effort will address every outcome.)

**Christian Education:**

- Increase worship, mission involvement of children, youth and adults
- Cross-generational activities

**Evangelism & Membership:**

- Updating official church rolls, registers and directories
- Increasing and deepening member engagement
- Presenting Christ to the Westshore communities

**Finance & Memorials:**

- Simplify and clarify financial reports
- Diversify committee membership
- Collaborate with Stewardship on annual campaign goals
- Free up funds for additional mission, programming
- Raise an addition \$1 million in endowed funds

**Human Resources:**

- Raise congregational awareness of church staff
- Welcome staff at church events
- Seek balance in committee makeup (age & gender)
- Create church-based high school/college internship opportunities
- Foster a safe and fair work environment
- Review relevance of current job descriptions/assignments
- Connect employees with colleagues at other churches

**Mission:**

- Promote monthly hands-on mission opportunities
- Imagine emerging mission opportunities appealing to different congregational constituencies
- Highlight current mission opportunities for increased engagement

**Preschool:**

- Achieve financial self-sufficiency

**Property:**

- Reinstigate regular “walk-arounds” to assess conditions of building and grounds

- Maintain fresh, appealing facilities that reflect positively on our congregation

**Stewardship:**

- Overcome “silo” mentality to bring every RRPC committee & group into partnership in promoting stewardship-oriented lives
- Use committee goals to drive Stewardship goals
- Provide training for Stewardship committee members
- Present congregation with opportunities year-round to reflect on their stewardship response to God

**Worship:**

- Support recruitment strategies for our music programs
- Determine whether the purpose of the Artist Concert Series is primarily for member recruitment or for providing cultural programming for the community
- Implement sanctuary video projection capability for worship

Please don’t hesitate to contact either of us with your questions or observations.

—Dave Hensel, Vitality & Renewal Team Chair &  
Dan McKenzie, Clerk of Session

**Tell the church when someone could use a pastoral visit**

During the Sabbatical Summer, be sure to notify the Church Office or any staff member or Session elder if you learn of someone who might benefit from a pastoral visit. Elders, deacons, and fellow church members are prepared to make visits in hospitals, rehab centers, etc. In emergencies, the Minister-on-Call for that week can be summoned. **Don’t assume that “someone already contacted the church.”**

**Easier for you & RRPC****You don’t have to write that check**

How many monthly payments do you make electronically?

Did you know you can add your monthly church offering to the list—you can save the time and trouble of writing your offering check every month, and you won’t have to wonder, “Did I remember to make that gift?”

Our Financial Secretary Dave Wolfe can assist you with setting up a monthly Electronic Fund Transfer from your bank account directly to the church. It’s secure, easy and free:

- ⇒ Only one simple form to fill out
- ⇒ No fees to pay
- ⇒ You can adjust or stop the EFT at any time just by calling the church.

Questions? Want to get started? Email or call our Financial Secretary Dave Wolfe at (440) 333-4888 or [dwolfe@riverpres.org](mailto:dwolfe@riverpres.org).

—Stewardship Committee

# Healthy Happenings

## ... Notes from the Parish Nurse

Dear Friends and Family,

School's out and there are three words you dread to hear this summer. *I am bored*. Worry not! Here are a few ideas for fun and healthy activities you can do with your kids this summer.

- \* **Go to the farmer's market.** The best way kids learn healthy habits is by watching your habits. Teach them well by letting them tag along to the farmer's market. When you get home you can make healthy snacks or let them help you prepare a healthy dinner with the items you just purchased.
- \* **Make a day trip.** Mixing up the routine prevents boredom. Head to a neighboring town and try something new. Take a dip in a lake, head out for a hike on a new trail or let your kids enjoy an all-new playground. Let your kids appreciate a little change of scenery.
- \* **Plant a garden.** Herbs, veggies or flowers; pick your favorite and dig in the dirt with your kids to let them see that they can grow things with their two little hands. Then you can show them how to make good use of what you grow.
- \* **Paint, draw or write.** Pull out that inner artist and let your kids keep a summer diary or have regular time to paint or draw. Take your budding artist outside in the shade to avoid the indoor mess. Use watercolors, chalk, colored pencils, markers or crayons to create some new artwork for your fridge or bulletin board. Encourage your children to write about what they love best about summer.
- \* **Let your kids have unstructured time.** When kids entertain themselves, they learn to daydream, be independent, and creative. Plus, we all could benefit from remembering that not every minute of the day needs to be scheduled. Nurture their mindfulness!
- \* **Ride bikes.** Get everyone moving with a family bike ride. Good exercise for everyone and something you can do at every age.
- \* **Hike.** Not only is hiking a great exercise (especially up hills) but it's also a great way to explore nature with the kids. Don't forget to pack a backpack and have lunch at your hiking destination.
- \* **Take a trip to see animals.** Whether you head to a zoo or nature center, let your kids enjoy and learn about animals of all types. Plus, you will spend a lot of time on your feet which is good for the whole family.
- \* **Grab some sidewalk chalk.** I used to spend hours when my kids were little creating art on the driveway. The rain would wash it away and we would start over, or we would make our driveway into a game area by drawing four square, hopscotch and agility ladders.
- \* **Grab a ball, Frisbee or kite and head to the park.** Bored of the backyard? Head to a park and toss a ball or Frisbee with your kids. Grab a football if your kids are older. Take advantage of a windy day by flying a kite. Once you finish, you can explore the park too. Bonus for you and all of those steps you are racking up.
- \* **Host a car wash.** Support your aspiring young entrepreneur; added bonus, it takes a lot of energy to wash a cars by hand.
- \* **Camp out in the backyard.** Teach a love for the moon, stars and the great outdoors by setting up camp in your backyard. Flashlights and giggling encouraged.
- \* **Have a lemonade stand.** Teach your little ones to be budding entrepreneurs by letting them host their own lemonade stand.
- \* **Take pictures of nature.** Go on a walk to appreciate nature by letting your kids take pictures of what they see and think is beautiful.
- \* **Sign up to a family 5K.** During the summertime, there are many family-style 5-Ks where children, little ones in strollers and even dogs are encouraged on race day. Your kids won't forget wearing their own race bib and jogging next to you as they cross the finish line.
- \* **Help with yard work.** Little kids love to pretend they are mowing the lawn. While it's harder to recruit the troops for help as they get older, you can turn your yard into active family time with small projects where everyone can pitch in.

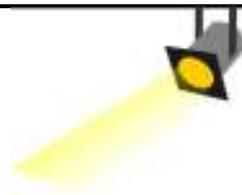


### RRPC Member Spotlight

Each month our church randomly puts the spotlight on two members whose birthdays occur during that month. You can see the two of them in the box-frames on the church lobby wall.. Please make a point of greeting these people and wishing them a happy birthday!



### Molly Ward



1. Profession

Owner/photographer at Molly Elizabeth Images, specializing in newborn and child photography

2. Hobbies / Interests

I am a true escapist who loves movies, good television and reading. I probably should have been an entertainment critic, and hope to attend an Academy Awards ceremony someday. And, of course, photography is a passion.

3. Favorite trip you've taken, or where you'd like to go

If I could travel anywhere, I'd go to the Netherlands. My grand-father immigrated from there and my favorite flower is the tulip.

4. Why do you worship here at RRPC?

Greg and I joined RRPC in 2004 when Jackson was born. Having grown up Protestant and Greg growing up Catholic, it was the first church where we both felt comfortable. We enjoy the friendly, open-minded people.



### Chuck Erml



1. Profession

Sales / Marketing

2. Hobbies / Interests

Running, fishing, hiking, camping

3. Favorite trip you've taken, or where you'd like to go

Alaska family vacation in 2018

4. Why do you worship here at RRPC?

We enjoy our "church family" and the friendships we have made over the years. Jon's sermons are thought-provoking, and the music is both beautiful and "fun." We feel blessed to be a part of RRPC.

# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8:30 a.m. New Church officer training-Option B 7:00 p.m. Altered Attitudes AA
2 <i>Communion / Food Sunday</i> <b>Graduate Sunday" / Baptism</b> 8:30 a.m. Early Worship 9:50 a.m. Special Mtg. of Session 10:30 a.m. Worship /Nursery 11:30 a.m. Special Mtg. of Congregation 11:35 a.m. Time of Fellowship 11:35 a.m. Mission Committee Mtg. 7:00 p.m. Rocky River Community Chorus & Band Concert	3 6:00 p.m. RRP/Preschool Committee Mtg. (off-site) 7:00 p.m. Christian Ed. Mtg. 7:00 p.m. Women's AA Mtg.	4 6:30 p.m. Worship Committee 7:00 p.m. VBS Volunteer Mtg. 7:30 p.m. Alanon/Alateen Mtg.	5 6:15 p.m. Bell Choir Practice 7:30 p.m. Men's AA Mtg.	6	7 7:00 a.m. Friday morning Men's Group (RR Starbuck's)	8 7:00 p.m. High School Youth Lock-In 7:00 p.m. Altered Attitudes AA
9 8:30 a.m. Early Worship 10:30 a.m. Worship /Nursery 11:35 a.m. Time of Fellowship 11:35 a.m. Evang. & Membership Committee Mtg.	10 <b>VACATION</b>	11 <b>BIBLE</b>	12 <b>SCHOOL</b>	13 <b>JUNE 10 - 14</b>	14 <b>Flag Day</b>  <b>9—11:30 a.m.</b>	15 7:00 p.m. Altered Attitudes AA
16 8:30 a.m. Early Worship 10:30 a.m. Worship /Nursery 11:35 a.m. Time of Fellowship	17 7:00 p.m. Women's AA Mtg. 7:30 p.m. Session Mtg.	18 7:30 p.m. Alanon/Alateen Mtg.	19 10:00 a.m. RRPC Staff Mtg. 7:30 p.m. Men's AA Mtg.	20 8:30 a.m. Senior Men's Bible Study & Breakfast 7:00 p.m. PW Priscilla Circle Mtg.	21 7:00 a.m. Friday morning Men's Group (RR Starbuck's)	22 7:00 p.m. Altered Attitudes AA
23 8:30 a.m. Early Worship 8:30 a.m. Youth Car Wash 10:30 a.m. Worship /Nursery 11:35 a.m. Time of Fellowship	24 7:00 p.m. Women's AA Mtg.	25 9:30 a.m. Expressions of Faith 7:30 p.m. Alanon/Alateen Mtg.	26 7:30 p.m. Men's AA Mtg.	27	28 7:00 a.m. Friday morning Men's Group (RR Starbuck's)	29 7:00 p.m. Altered Attitudes AA
30 8:30 a.m. Early Worship 10:30 a.m. Worship /Nursery 11:35 a.m. Time of Fellowship						

# July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 7:00 p.m. Women's AA Mtg.</p>	<p>2 7:30 p.m. Alanon/Alateen Mtg.</p>	<p>3 7:30 p.m. Men's AA Mtg.</p>	<p>4 <i>Independence Day</i>                        6:00 p.m. Hoon picnic &amp; Fireworks-all invited                      7:00 p.m. AA Back to Basics</p>	<p>5 7:00 a.m. Friday morning Men's Group (RR Starbucks)</p>	<p>6 7:00 p.m. Altered Attitudes AA</p>
<p>7 <b>Communion / Food Sunday</b>                      8:30 a.m. Early Worship                      10:30 a.m. Worship /Nursery                      11:35 a.m. Time of Fellowship</p>	<p>8 11:30 a.m. PW Semi-Circle Mtg. &amp; Lunch (Nelly's Belly)                      7:00 p.m. Women's AA Mtg.</p>	<p>9 9:30 a.m. Expressions of Faith                      7:30 p.m. Alanon/Alateen Mtg.</p>	<p>10 7:30 p.m. Men's AA Mtg.</p>	<p>11 8:30 a.m. Senior Men's Bible Study &amp; Breakfast                      7:00 p.m. AA Back to Basics</p>	<p>12 7:00 a.m. Friday morning Men's Group (RR Starbucks)</p>	<p>13 7:00 p.m. Altered Attitudes AA</p>
<p>14 8:30 a.m. Early Worship                      10:30 a.m. Worship /Nursery                      11:35 a.m. Time of Fellowship                      11:35 a.m. Mission Committee Mtg.</p>	<p>15 7:00 p.m. Women's AA Mtg.</p>	<p>16 7:30 p.m. Alanon/Alateen Mtg.</p>	<p>17 7:30 p.m. Men's AA Mtg.</p>	<p>18 7:00 p.m. PW Priscilla Circle                      7:00 p.m. AA Back to Basics</p>	<p>19 7:00 a.m. Friday morning Men's Group (RR Starbucks)</p>	<p>20 7:00 p.m. Altered Attitudes AA</p>
<p>21 8:30 a.m. Early Worship                      10:30 a.m. Worship /Nursery                      11:35 a.m. Time of Fellowship                      11:35 a.m. Evang. &amp; Membership Committee Mtg.</p>	<p>22 7:00 p.m. Women's AA Mtg.</p>	<p>23 9:30 a.m. Expressions of Faith                      7:30 p.m. Alanon/Alateen Mtg.</p>	<p>24 10:00 a.m. RRPC Staff Mtg.                      7:30 p.m. Men's AA Mtg.</p>	<p>25 7:00 p.m. AA Back to Basics</p>	<p>26 7:00 a.m. Friday morning Men's Group (RR Starbucks)</p>	<p>27 7:00 p.m. Altered Attitudes AA</p>
<p>28 8:30 a.m. Early Worship                      10:30 a.m. Worship /Nursery                      11:35 a.m. Time of Fellowship</p>	<p>29 7:00 p.m. Women's AA Mtg.</p>	<p>30 7:30 p.m. Alanon/Alateen Mtg.</p>	<p>31 7:30 p.m. Men's AA Mtg.</p>	<div style="border: 2px solid red; padding: 5px; text-align: center;"> <p>Please refer to the website calendar for any updates which may post after the published Pulse date. Thank you.</p> </div>		

# “The Pulse”

the monthly newsletter of  
**Rocky River Presbyterian Church**  
**June / July 2019**



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